

GAME NOTES



SEATTLE SOUNDERS FC at COLORADO RAPIDS



Regular Season Statistics

Record: 3-3-3
Last Five Games: 2-1-2
Goal Differential: +1 (12/11)
Leading Scorer: Morris (3)
Leading Assists: Two Tied (4)

MAJOR LEAGUE SOCCER REGULAR SEASON

Kickoff:
Saturday, April 26
6:30 PM PT
Location:
Dick's Sporting Goods Park
Commerce City, CO

Regular Season Statistics

Record: 4-2-3
Last Five Games: 2-2-1
Goal Differential: 0 (13/13)
Leading Scorer: Four Tied (2)
Leading Assists: Two Tied (3)

HOW TO WATCH

BROADCAST INFORMATION

Global Stream: Apple TV
Talent (English): Neil Sika & Lloyd Sam
Talent (Spanish): Jose Bauz & Eduardo Biscayart

Local Radio: 93.3 KJR FM
National Radio (Simulcast): SiriusXM FC
Talent: Danny Jackson & Kelyn Rowe
Pre-Match, Halftime & Post-Match: Jackson Felts & Marcus Hahnemann
Local Radio (Spanish): El Rey 1360 AM
Talent: Mario Rodríguez, Felipe Maqueda, Carlos Tapia & Marlo Vilela



MATCH NOTES

• Seattle Sounders FC travels to face the Colorado Rapids on Saturday, April 26 at Dick's Sporting Goods Park (6:30 p.m. PT / Apple TV, 93.3 KJR FM, SiriusXM FC, El Rey 1360 AM).

• The Rave Green are coming off a 3-0 win over Nashville SC on April 19. Danny Musovski, Pedro de la Vega and Paul Rothrock all scored for Seattle as Jesús Ferreira tallied two assists. Colorado is coming off a 2-2 road draw with Houston, also on April 19.

• With the result, Sounders FC currently sits in eighth place in the Western Conference with 12 points. Colorado is in fifth place in the West with 15 points.

• Seattle and Colorado have met on 39 occasions in the regular season and playoffs, the Rave Green's seventh-most played opponent in MLS. The Rave Green lead the series 26-8-5.

• The two sides played each other twice in 2024, drawing 1-1 at Lumen Field on March 16 before Seattle recorded a 1-0 road win on October 5 at Dick's Sporting Goods Park.

• Seattle forward Jesús Ferreira's two assists in last week's win against Nashville were good his 90th and 91st goal contributions of his MLS career, becoming the second youngest player in MLS history to reach 90 goal contributions (24 years and 116 days).

• Saturday's 3-0 win over Nashville was Head Coach Brian Schmetzer's 129th regular-season win of his career and is now one win shy of entering the top 10 of all coaches in MLS history.

• Following Saturday's matchup, Seattle returns home to face St. Louis CITY SC on Saturday, May 3 on the Emerald Queen Casino Pitch at Lumen Field (7:30 p.m. PT / Apple TV, iHeartMedia Seattle, El Rey 1360 AM).

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2024 SOUNDERS FC SCHEDULE & RESULTS

MLS Regular Season Record: 3-3-3 // Home: 2-0-2 // Away: 1-3-1

DAY	DATE	OPP.	TIME (PT)	BROADCAST	RESULT	ATT.	W-L-D*	GOAL SCORERS:
Wed.	FEB 19	at ANT	5:00 PM	FOX Soccer Plus	W, 3-1	N/A	1-0-0	SEA: Arriola (3), de la Vega (61), Rusnák (90+4'); ANT: Santis (24)
Sat.	FEB 22	vs CLT	7:30 PM	Apple TV	D, 2-2	30,055	1-0-1	SEA: Morris (19, 49); CLT: Malanda (35), OG (Yeimar, 90+3')
Wed.	FEB 26	vs ANT	7:30 PM	FS2	W, 3-1	24,714	2-0-1	SEA: de la Vega (24, 88), Arriola (53); ANT: Gálvez (45+1)
Sat.	MAR 1	at RSL	1:30 PM	Apple TV	L, 0-2	18,853	2-1-1	SEA: None; RSL: OG (Nouhou, 8), Ajago (79)
Wed.	MAR 5	vs CAZ	7:30 PM	FS2	D, 0-0	27,844	2-1-2	None
Sat.	MAR 8	vs LAFC	1:45 PM	Apple TV/FOX	W, 5-2	30,107	3-1-2	SEA: Kossa-Rienzi (11), Rothrock (57), Morris (77), C. Roldan (84), Rusnák (90+4); LAFC: Ordaz (38); Martínez (90+2)
Tue.	MAR 11	at CAZ	5:30 PM	FS1	L, 1-4	N/A	3-2-2	SEA: Musovski (75); CAZ: Rodríguez (33), Sepúlveda (71/PK), Bezzana (85), Sánchez (88)
Sat.	MAR 15	at STL	5:30 PM	Apple TV	L, 0-1	22,423	3-3-2	SEA: None; STL: Löwen
Sat.	MAR 22	vs HOU	7:30 PM	Apple TV	D, 0-0	31,293	3-3-3	None
Sat.	MAR 29	at SJ	7:30 PM	Apple TV	D, 1-1	15,228	3-3-4	SEA: Rusnák (80); SJ: Leroux (32)
Sat.	APR 5	at SD	7:30 PM	Apple TV	L, 0-3	28,228	3-4-4	SEA: None; SD: Tverskov (2), Godoy (41), Lozano (45+3)
Sat.	APR 12	at DAL	5:30 PM	Apple TV	W, 1-0	11,004	4-4-4	SEA: Musovski (17); DAL: None
Sat.	APR 19	vs NSH	4:30 PM	Apple TV	W, 3-0	31,867	5-4-4	SEA: Musovski (19), de la Vega (30), Rothrock (34); NSH: None
Sat.	APR 26	at COL	6:30 PM	Apple TV				
Sat.	MAY 3	vs STL	7:30 PM	Apple TV				
Sat.	MAY 10	at HOU	5:30 PM	Apple TV				
Wed.	MAY 15	at LAFC	7:30 PM	Apple TV				
Sat.	MAY 17	at POR	6:30 PM	Apple TV/FS1				
Sat.	MAY 24	vs DAL	12:00 PM	Apple TV				
Wed.	MAY 28	vs SD	5:30 PM	Apple TV				
Sun.	JUN 1	vs MIN	3:00 PM	Apple TV				
Sun.	JUN 8	at VAN	6:00 PM	Apple TV				
Sun.	JUN 15	vs BOT	7:00 PM	DAZN				
Thurs.	JUN 19	vs ATM	3:00 PM	DAZN				
Mon.	JUN 23	vs PSG	12:00 PM	DAZN				
Sat.	JUN 28	vs ATX	7:30 PM	Apple TV				
Sun.	JUL 6	vs CLB	2:00 PM	Apple TV				
Sat.	JUL 12	at SKC	5:30 PM	Apple TV				
Wed.	JUL 16	vs COL	6:30 PM	Apple TV/FS1				
Sat.	JUL 19	vs SJ	5:30 PM	Apple TV				
Sat.	JUL 26	at ATL	4:30 PM	Apple TV				
Thurs.	JUL 31	vs CAZ	TBD	Apple TV				
Sun.	AUG 3	vs CSL	TBD	Apple TV				
Wed.	AUG 6	vs CTJ	TBD	Apple TV				
Sun.	AUG 10	at LA	7:00 PM	Apple TV/FS1				
Sat.	AUG 16	at MIN	5:30 PM	Apple TV/FS1				
Sun.	AUG 24	vs SKC	6:00 PM	Apple TV/FS1				
Sat.	AUG 30	vs RSL	7:30 PM	Apple TV				
Sat.	SEP 13	vs LA	5:30 PM	Apple TV				
Tues.	SEP 16	at MIA	4:30 PM	Apple TV				
Sat.	SEP 20	at ATX	5:30 PM	Apple TV				
Sat.	OCT 4	vs POR	7:30 PM	Apple TV				
Sat.	OCT 18	at NYC	3:00 PM	Apple TV				

MLS Regular Season
 Concacaf Champions Cup
 FIFA Club World Cup
 Leagues Cup

*All Competitions

2025 MLS REGULAR SEASON STATS

No.	Name	Position	GP	GS	MIN	G	A	SHT	SOG	YC	RC
13	Jordan Morris	Forward	4	2	244	3	0	9	6	0	0
11	Albert Rusnák	Midfielder	8	6	574	2	3	24	11	0	0
14	Paul Rothrock	Midfielder	9	9	691	2	2	14	5	0	0
19	Danny Musovski	Forward	7	3	293	2	0	10	7	1	0
7	Cristian Roldan	Midfielder	9	8	728	1	4	15	5	0	0
10	Pedro de la Vega	Midfielder	6	3	220	1	1	7	1	0	0
85	Kalani Kossa-Rienzi	Defender	6	4	356	1	0	2	1	1	0
9	Jesús Ferreira	Forward	9	7	589	0	4	7	2	1	0
93	Georgi Minoungou	Midfielder	8	4	326	0	2	9	2	0	0
18	Obed Vargas	Midfielder	7	7	617	0	1	6	2	2	0
28	Yeimar Gómez Andrade	Defender	8	8	720	0	0	9	2	0	0
25	Jackson Ragen	Defender	8	7	606	0	0	3	1	2	0
5	Nouhou	Defender	7	7	606	0	0	7	2	2	0
16	Alex Roldan	Defender	7	5	427	0	0	7	3	1	0
15	Jonathan Bell	Defender	5	4	363	0	0	1	0	0	0
75	Danny Leyva	Midfielder	6	2	258	0	0	6	1	2	0
6	João Paulo	Midfielder	4	3	224	0	0	2	0	1	0
20	Kim Kee-hee	Defender	2	1	135	0	0	1	0	1	0
17	Paul Arriola	Midfielder	2	0	74	0	0	1	0	0	0
21	Reed Baker-Whiting	Midfielder	2	0	27	0	0	1	0	0	0
33	Cody Baker	Defender	1	0	16	0	0	0	0	0	0
77	Ryan Kent	Midfielder	1	0	6	0	0	0	0	0	0
4	Leo Burney	Defender	0	0	0	0	0	0	0	0	0
39	Stuart Hawkins	Defender	0	0	0	0	0	0	0	0	0
3	Travian Sousa	Defender	0	0	0	0	0	0	0	0	0
TOTAL			9	9	810	12	17	141	51	14	0
No.	Name	Position	GP	GS	MIN	GA	SO	SV	GAA	YC	RC
24	Stefan Frei	Goalkeeper	8	8	720	9	3	21	1.12	0	0
26	Andrew Thomas	Goalkeeper	1	1	90	2	0	1	2.0	0	0
29	Jacob Castro	Goalkeeper	0	0	0	0	0	0	0	0	0
TOTAL			9	9	810	11	3	25	1.22	0	0



SOUNDERS FC WEEKLY NOTES

HISTORY WITH COLORADO



Seattle and Colorado have faced off 36 times in the regular season since Seattle joined MLS in 2009. The Rave Green have had the upper hand in the series, holding a 23-8-5 record, including a 9-6-3 mark at Dick's Sporting Goods Park.

SOUNDERS FC VS COLORADO REGULAR-SEASON HISTORY

Dates	Location	Score	Date	Location	Score
5/23/2009	Colorado	D, 2-2	4/23/2016	Colorado	L, 1-3
6/28/2009	Seattle	W, 3-0	5/21/2016	Seattle	L, 1-0
5/29/2010	Colorado	L, 0-1	7/4/2017	Colorado	W, 3-1
7/25/2010	Seattle	W, 2-1	10/22/2017	Seattle	W, 3-0
4/22/2011	Colorado	W, 1-0	7/4/2018	Colorado	W, 2-1
7/16/2011	Seattle	W, 4-3	9/29/2018	Seattle	W, 4-0
4/14/2012	Seattle	W, 1-0	3/9/2019	Seattle	W, 2-0
7/7/2012	Seattle	W, 2-1	9/7/2019	Colorado	L, 0-2
7/28/2012	Colorado	W, 2-1	11/1/2020	Colorado	L, 1-3
4/20/2013	Colorado	W, 1-0	7/4/2021	Colorado	D, 1-1
7/20/2013	Seattle	D, 1-1	10/3/2021	Seattle	W, 3-0
10/5/2013	Colorado	L, 1-5	10/20/2021	Colorado	D, 1-1
4/26/2014	Seattle	W, 4-1	5/22/2022	Colorado	L, 0-1
8/30/2014	Seattle	W, 1-0	7/23/2022	Seattle	W, 2-1
10/5/2014	Colorado	W, 4-1	2/26/2023	Seattle	W, 4-0
4/18/2015	Colorado	W, 3-1	9/20/2023	Colorado	W, 2-1
5/27/2015	Seattle	W, 1-0	3/16/2024	Seattle	D, 1-1
7/18/2015	Seattle	L, 0-1	10/5/2024	Colorado	W, 1-0

SFC RECORD: 23-8-5 (9-6-3 ON ROAD)

2024 VS. COLORADO



Seattle and Colorado met twice in 2024, the first being an early-season contest at Lumen Field on March 16. Raúl Ruidíaz scored an early penalty for the Rave Green before Kévin Cabral equalized in the dying moments of the match as the teams settled for a draw. Sounders FC then visited Colorado on October 5, with Albert Rusnák scoring the game's lone goal as Seattle held on for the 1-0 victory.

MLS SERIES SNAPSHOT

Category	Sounders FC			Colorado		
	1	2	Total	1	2	Total
Goals	32	32	64	18	18	36
Shots	198	240	438	207	254	461
Shots-on-Goal	77	95	172	65	79	144
Fouls	166	193	359	236	233	469
Offsides	31	24	55	23	27	50
Corner Kicks	36	92	161	81	94	175

Goals Scored in 15-Minute Intervals:

	1-15	16-30	31-45	46-60	61-75	76-90	Total
SEA	11	14	5	13	13	8	36
COL	7	3	8	5	5	8	64

ALL-TIME MLS SERIES LEADERS

Category	Sounders FC		Colorado	
	#	Player	#	Player
Goals	6	Dempsey	3	Three Players
Assists	6	C. Roldan	2	Seven Players
Shots	35	Dempsey	19	Cummings
Shots-on-Goal	19	Dempsey	9	Brown
Fouls Committed	30	Alonso	14	Acosta
Fouls Suffered	40	Lodeiro	15	Powers
Wins	15	Frei	3	Irwin
Shutouts	8	Frei	2	Irwin
Saves	66	Frei	38	Irwin
Goals Allowed	18	Frei	18	Irwin

ALL-TIME MLS SINGLE-GAME HIGHS

Category	Sounders FC		Colorado	
	#	Player	#	Player
Goals	2	Ten Tied	2	Brown/Shinyashiki
Assists	2	Six Tied	2	Sanchez (10/5/13)
Shots	8	Montero (4/14/12)	8	Brown (10/5/14)
Shots-on-Goal	6	Martins (4/26/14)	4	Brown (10/5/14)
Fouls Committed	5	Montero/Alonso	7	Pittinari/Navarro
Fouls Suffered	6	Lodeiro (Twice)	6	Aigner (10/22/17)
Saves	8	Frei (4/18/15)	8	Irwin (4/26/14)
Goals Allowed	5	Gspurning (10/5/13)	4	Five Tied

MOST PLAYED OPPONENTS

When Seattle and Colorado meet on Saturday, it will mark the 40th time the two sides have faced off, moving the Rapids into a tie with the Vancouver Whitecaps as the Rave Green's sixth-most played opponent in MLS play. Sounders FC leads the all-time series 26-8-5.

Seattle's Most Played Opponents (Regular Season & Playoffs)

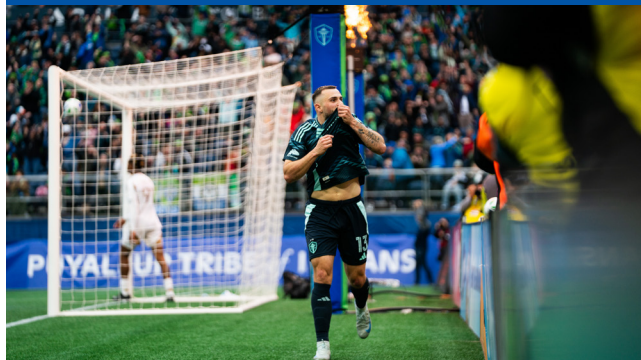
Team	Times Played
LA Galaxy	46
FC Dallas	46
Portland Timbers	44
Real Salt Lake	42
San Jose Earthquakes	41
Vancouver Whitecaps	40
Colorado Rapids	39

SOUNDERS FC WEEKLY NOTES

BY THE NUMBERS

0	Losses at home for Seattle in 2025 in all competitions (3-0-3).
4	Goals scored by Pedro de la Vega this year in all competitions, most on the team
6	Assists tallied by Jesús Ferreira in all competitions, most on the team
9	MLS matches started by Paul Rothrock, the only player on the team to start all nine league matches
13	Clearances by Yeimar, most on the team
13	Shutouts in the regular season last year for Seattle, most in MLS in 2024
15	Years of qualifying for the playoffs for Seattle, the most seasons of any MLS expansion team
17	Successful crosses for Albert Rusnák this season, tied for fourth in MLS
19	All-competition assists by Albert Rusnák in 2024, a single-season club record
24	Key passes by Albert Rusnák this season, sixth in MLS
53	Goals scored by Jesús Ferreira in MLS, second-most by a player before the age of 25 (Landon Donovan, 56).
61	Career all-competiton assists for Cristian Roldan, second in club history
87	Career all-competition goals for Jordan Morris, most in club history
91	MLS goal contributions for Jesús Ferreira, the second-youngest player to reach 90 goal contributions (24 years, 116 days)
99	All-competition appearances by Obed Vargas
119	Career shutouts in MLS regular-season games for Stefan Frei, second in league history (Nick Rimando 154)
150	All-competition appearances for João Paulo
252	All-competition apperances for Nouhou, fifth in club history and the most of any defender
398	All-competition appearances for Stefan Frei, most in club history
490	Completed passes by Cristian Roldan, most on the team
973	Regular-season saves by Stefan Frei since joining Seattle, most in franchise history
4,264	Completed passes for Seattle, third in MLS

JORDAN MORRIS STANDS ALONE



Seattle forward Jordan Morris recorded his 87th all-competition goal against LAFC on March 8, breaking a tie with Raúl Ruidíaz for most in club history. The former Sounders FC Academy player now stands alone at the top of a list of iconic goal scorers for Sounders FC.

Most Goals in Club History (All Competitions)

Player	Goals
Jordan Morris	87
Raúl Ruidíaz	86
Fredy Montero	79
Nicolás Lodeiro	58
Clint Dempsey	57

The former Rookie of the Year is coming off a career year for Seattle, scoring 18 goals in all competitions last season, including 13 goals in MLS. He also became the only Sounder to record 10 or more goals in at least five MLS campaigns.

Most 10+ Goal Seasons for Seattle (MLS Regular Season)

Player	No. of Seasons	Years
Jordan Morris	5	'16, '19-'20, '23-'24
Raúl Ruidíaz	4	'18-'21
Clint Dempsey	3	'14-'15, '17
Obafemi Martins	2	'14-'15

Morris has been delivering for Seattle in clutch moments since he first joined Seattle, scoring 25 game-winning goals, including March 8 against LAFC, the most in club history.

Most Game-Winning Goals in Club History*

Player	Goals
Jordan Morris	25
Raúl Ruidíaz	24
Clint Dempsey	20
Fredy Montero	18
Cristian Roldan	13
Nico Lodeiro	13

*Regular Season & Playoffs

Morris has also recorded 10 multi-goal game in the regular season since joining the club, tied him with Clint Dempsey for second in club history, four behind Ruidíaz.

Most Multi-Goal Games in Club History (Regular Season)

Player	Multi-Goal Games
Raúl Ruidíaz	14
Jordan Morris	10
Clint Dempsey	10

SOUNDERS FC WEEKLY NOTES

SCHMETZER NEARS TOP 10



Sounders FC Head Coach Brian Schmetzer is currently sitting at 129 regular-season wins since taking over the club midway through the 2016 season. He is one wins shy from entering the top 10 among all coaches in MLS history. Since he was appointed Head Coach, Schmetzer has led Seattle to two MLS Cups, four Western Conference championships and the 2022 Concacaf Champions Cup title.

Most Wins Among Head Coaches (Regular Season)

Coach	Wins
Bruce Arena	265
Sigi Schmid	240
Peter Vermes	203
Bob Bradley	194
Oscar Pareja	177
Dominic Kinnear	170
Ben Olsen	143
Jim Curtin	141
Greg Vanney	141
Frank Yallop	130
Brian Schmetzer	129

JESÚS CONTINUES TO SHINE



Since Seattle acquired forward Jesús Ferreira from FC Dallas this offseason, he has proven to be a potent member of the Rave Green's attack. Ferreira leads the team with six all-competition assists (four in league play, tied with Cristian Roldan for most on the team, as well as two in Concacaf Champions Cup action).

He recorded two assists against Nashville on April 19 in Seattle's 3-0 win, giving him 91 goal contribution in his MLS career, becoming the second-youngest player in MLS history to reach 90 goal contributions. Doing so at 24 years, 116 days old he only trails Diego Fagúndez (23 years, 241 days) and reached the mark in three less days than Landon Donovan (24 years, 119 days).

STEF CLOSING IN ON 400



Stefan Frei currently sits at 398 all-competition appearances for Seattle since joining the team in 2014 and is looking to become one of the few players in MLS history to record 400 all-competition appearances with one club.

The club captain has personified greatness since becoming a Sounder, winning two MLS Cups (2016, 2019), one Supporters' Shield (2014), one U.S. Open Cup (2014) and one Concacaf Champions Cup title (2022). He is the only player in soccer history to win a MLS Cup, Supporters' Shield, Concacaf Champions Cup, U.S. Open Cup and Canadian Championship.

Frei was acquired by Seattle via trade with Toronto FC prior to the 2014 season and has gone on to become one of the most storied players in club history, leading the club in all-competition appearances and starts (398) and has amassed nearly 1,000 saves with Seattle, currently at 973. He would join Nick Rimando as the only goalkeepers to record 1,000 saves for one club.

OBED HITS 100



Sounders FC midfielder Obed Vargas has recorded 99 all-competition appearances for the Rave Green since signing with the club prior to the 2022 season. At 19 years and 264 days on April 26, he would become the youngest player in club history to reach that mark should he appear against Colorado.

Vargas has been a standout young player for Seattle since he joined the team, being named to MLS' 22 under 22 list the last two years, coming in at number seven in the 2024 list, one of three players in the top 10 under the age of 20.

SOUNDERS FC WEEKLY NOTES

SOUNDERS FC UNVEILS THE SALISH SEA KIT



Seattle Sounders FC this season “The Salish Sea Kit,” part of adidas’ Community Kit collection and the club’s new secondary kit for the 2025-2026 Major League Soccer seasons. Featuring cool green and blue tones evoking Pacific Northwestern waters and a unique pattern derived from Coast Salish weaving traditions in collaboration with indigenous artists representing the Puyallup, Muckleshoot and Suquamish Tribes, The Salish Sea Kit serves a call to protect what sustains us and to celebrate the connections that make us whole.

This one-of-a-kind kit also has purpose beyond the pitch. Sounders FC is committed to donating proceeds up to \$50,000 from the first 30 days of The Salish Sea Kit’s sales to organizations dedicated to preserving the cultural heritage of tribal communities and protecting the Salish Sea’s remarkable ecosystem, including: The Burke Museum, Potlatch Fund, Puget Soundkeeper, Seattle Aquarium and RAVE Foundation.

These funds will be thoughtfully invested to support youth education and arts programs honoring the traditions of Washington State’s tribal communities, advance conservation efforts to restore the health of the Salish Sea and provide meaningful experiences for tribal youth, including educational field trips and opportunities to attend Sounders FC matches.

Through these initiatives, Sounders FC aims to honor the interconnectedness of the region’s people and environment, creating a legacy that uplifts communities and inspires stewardship of the Salish Sea.

Born at the water’s edge in 1974, Sounders FC has been inextricably connected to the Puget Sound from the club’s earliest days. But the waters of the Sound – part of the greater Salish Sea – have a history far deeper and vaster, stretching back through the generations to time immemorial. The Salish Sea flows both literally through its waters and figuratively through its spirit, sustaining life and building strong communities. Sounders FC’s Salish Sea Kit honors water as a life force and a vessel for rich cultural traditions.

The jersey’s striking geometric pattern suggests a sense of dimensionality and flow, inspired by twilling and twining, two traditional Southern Coast Salish weaving techniques. These techniques, passed down through generations, pay respect to the resilience, connection and creativity that define the cultural fabric of the region.

The design draws directly from the artistry of three distinguished indigenous Pacific Northwestern artists Connie McCloud, Gail White Eagle and Danielle Morsette.

Coast Salish artist Louie Gong (Nooksack Tribe) played an instrumental role in bringing this group of collaborators together, recommending that the jersey’s story be told through the work of these three talented women who have now brought their weaving traditions to life on a global stage, constructing The Salish Sea Kit as an authentic and novel testament to Coast Salish tradition.






The phrase “Water Is Sacred” appears on the bottom left corner of each jersey front, proudly printed in both English and Southern Lushootseed, the traditional language of the Puyallup, Muckleshoot, Suquamish and neighboring Coast Salish tribes. This powerful statement underscores the deep cultural and spiritual connection to the Salish Sea and serves as a reminder of the shared responsibility to protect it.

The neck hit features an original design that combines a wave of water, the tail of an orca and a flowing “S” that represents both the Seattle Sounders and the Salish Sea. Anchored by the club’s birth year, 1974, this motif reflects a commitment to stewardship that spans generations – connecting the past, present and future in the fight to preserve our environment.

The right jersey sleeve showcases the logo of the Puyallup Tribe, an original steward of the land throughout what is now known as the Puget Sound. The tribe and its Emerald Queen Casino have partnered with Sounders FC since 2021.

SOUNDERS FC WEEKLY NOTES

ALL-TIME CLUB LEADERS

Team	Points*	W-L-D	Goals
	859	243-160-126	783
	805	222-173-139	795
	799	220-174-139	849
	798	219-174-141	784
	787	219-184-130	765

*Regular season only. Updated as of April 15, 2025

MOST TROPHIES WON SINCE 2009



Team	MLS Cup	Shield	USOC	CCL	LC	Total*
Seattle Sounders FC	2	1	4	1	0	8
LA Galaxy	4	2	0	0	0	6
Sporting Kansas City	1	0	3	0	0	4
Los Angeles FC	1	2	1	0	0	4
Columbus Crew	2	0	0	0	1	3
New York Red Bulls	0	3	0	0	0	3
Toronto FC	1	1	0	0	0	2+
FC Dallas	0	1	1	0	0	2
Houston Dynamo	0	0	2	0	0	2
Inter Miami CF	0	1	0	0	1	2

*Includes MLS Cup, Supporters' Shield, Concacaf Champions League, Leagues Cup and Lamar Hunt U.S. Open Cup titles

+ Toronto FC also has eight Canadian Championship titles

ALL-TIME CLUB LEADERS



SOUNDERS FC GOALS - ALL COMPETITIONS

Player	MLS	PS	USOC	CCL	LC	Total
Jordan Morris	69	9	1	4	4	87
Raúl Ruidíaz	72	9	0	3	2	86
Fredy Montero	59	0	10	9	1	79
Nicolás Lodeiro	41	8	0	7	2	58
Clint Dempsey	47	6	1	3	0	57
Obafemi Martins	40	0	3	0	0	43
Cristian Roldan	37	1	1	2	1	42
Lamar Neagle	27	1	1	4	0	33
Will Bruin	28*	3	0	1	0	32
Eddie Johnson	23	3	1	2	0	29

*Includes goal in MLS is Back Knockout Round in 2020



SOUNDERS FC ASSISTS - ALL COMPETITIONS

Player	MLS	PS	USOC	CCL	LC	Total
Nicolás Lodeiro	80	11	0	4	0	95
Cristian Roldan	49	2	0	6	4	61
Fredy Montero	43	2	1	6	0	52
Mauro Rosales	34	0	1	2	0	37
Jordan Morris	30	3	0	2	1	36
Clint Dempsey	28	1	1	2	0	32
Brad Evans	27	2	0	1	0	30
Albert Rusnák	25	0	0	1	3	29
Osvaldo Alonso	24	0	2	2	0	28
João Paulo	24	1	0	2	0	27

2025 SOUNDERS FC ROSTER

No.	Name	Position	Ht	Wt	DOB	Hometown	Previous Club
3	Travian Sousa	Defender	5' 11"	180	9/19/01	Lathrop, CA	Tacoma Defiance (MLSNP)
4	Leo Burney	Defender	6' 3"	195	11/02/01	Seattle, WA	Penn Quakers (NCAA)
5	Nouhou	Defender	6' 0"	174	6/23/97	Douala, Cameroon	Sounders FC 2 (MLSNP)
6	João Paulo	Midfielder	5' 8"	172	3/8/91	Serafina Corrêa, Brazil	Botafogo (Brazil)
7	Cristian Roldan	Midfielder	5' 8"	165	6/3/95	Pico Rivera, CA	Washington (NCAA)
9	Jesús Ferreira	Forward	5' 8"	150	12/24/00	McKinney, TX	FC Dallas
10	Pedro de la Vega	Midfielder	5' 10"	179	2/7/01	Olavarría, Argentina	Lanús (Argentina)
11	Albert Rusnák	Midfielder	5' 10"	175	7/7/94	Košice, Slovakia	Real Salt Lake
13	Jordan Morris	Forward	6' 0"	185	10/26/94	Mercer Island, WA	Stanford Cardinal (NCAA)
14	Paul Rothrock	Midfielder	5' 10"	174	1/9/99	Seattle, WA	Tacoma Defiance (MLNSP)
15	Jonathan Bell	Defender	6' 0"	184	8/26/97	Rockville, MD	St. Louis CITY SC
16	Alex Roldan	Defender	5' 10"	157	7/28/96	Pico Rivera, CA	Seattle University (NCAA)
17	Paul Arriola	Midfielder	5' 6"	146	2/5/95	Chula Vista, CA	FC Dallas
18	Obed Vargas	Midfielder	5' 9"	159	8/5/05	Anchorage, AK	Tacoma Defiance (MLSNP)
19	Danny Musovski	Forward	6' 0"	169	11/30/95	Henderson, NV	Real Salt Lake
20	Kim Kee-hee	Defender	6' 2"	172	7/13/89	Busan, South Korea	Ulsan Hyundai (South Korea)
21	Reed-Baker Whiting	Midfielder	6' 1"	170	3/31/05	Seattle, WA	Tacoma Defiance (MLSNP)
24	Stefan Frei	Goalkeeper	6' 3"	200	4/20/86	Altstaetten, Switzerland	Toronto FC
25	Jackson Ragen	Defender	6' 5"	214	9/24/98	Seattle, WA	Michigan Wolverines (NCAA)
26	Andrew Thomas	Goalkeeper	6' 1"	195	9/1/98	Moscow, Russia	Stanford Cardinal (NCAA)
28	Yeimar Gómez Andrade	Defender	6' 2"	212	6/30/92	Tadó, Colombia	Unión de Sante Fe (Argentina)
29	Jacob Castro	Goalkeeper	6' 6"	204	12/18/99	Tacoma, WA	San Diego State (NCAA)
33	Cody Baker	Defender	5' 10"	157	1/4/04	Issaquah, WA	Tacoma Defiance (MLSNP)
39	Stuart Hawkins	Defender	6' 3"	180	9/18/06	Fox Island, WA	Tacoma Defiance (MLSNP)
75	Danny Leyva	Midfielder	5' 11"	168	5/5/03	Las Vegas, NV	Tacoma Defiance (MLSNP)
77	Ryan Kent	Midfielder	5' 8"	145	11/11/96	Oldham, England	Fenerbahçe SK (Turkey)
85	Kalani Kossa-Rienzi	Defender	5' 7"	167	6/27/02	Berkeley, CA	Tacoma Defiance (MLSNP)
93	Georgi Minounougou	Midfielder	5' 10"	178	7/25/02	Abidjan, Côte d'Ivoire	Tacoma Defiance (MLSNP)

PRONUNCIATION GUIDE

No.	Name	Pos	Pronunciation
3	Travian Sousa	D	SOO-suh
5	Nouhou	D	NEW-hoo
6	João Paulo	M	Joe-OW
7	Cristian Roldan	M	Roll-dahn
9	Jesús Ferreria	F	Hey-soos Fur-AIR-uh
11	Albert Rusnák	M	ROOS-nack
16	Alex Roldan	D	Roll-dahn
17	Paul Arriola	M	ARE-ee-oh-la
19	Danny Musovski	F	Moose-OFF-ski
21	Reed Baker-Whiting	M	WHITE-ing
24	Stefan Frei	GK	STEF-in FRY
28	Yeimar Gómez Andrade	D	Yay-mar an-drah-day
85	Kalani Kossa-Rienzi	D	Kuh-LAWN-ee co-suh-REE-en-zee
93	Georgi Minounougou	M	Min-OON-goo

COACHINGSTAFF

Brian Schmetzer	Head Coach
Freddy Juarez	Assistant Coach
Preki	Assistant Coach
Andy Rose	Assistant Coach
Tom Dutra	Club Director of Goalkeeping

TECHNICAL STAFF

Craig Waibel	General Manager & Chief Soccer Officer
Henry Brauner	Techincal Director
Chris Cornish	Vice President of Sports Medicine
Adam Centofanti	Director of Performance
Nolan Myer	Director of Equipment Operations
Grant Clark	Team Administration Director
Wade Webber	Director of Development
Vince Johnson	Director of Team Operations
Sean Henderson	Director of Scouting
Tyler Cox	Director of Analytics
Corey Sinser	Director of Player Personnel

No. 3 | Defender

TRAVIAN SOUSA



Height: 5-11
Weight: 150
Born: September 19, 2001
Hometown: Lathrop, California
Citizenship: United States

HOW ACQUIRED:
Signed on December 11, 2024

PREVIOUS CLUBS:
*Tacoma Defiance (2022-2024)
Oakland Roots (2021)
Sporting KC II (2021)
Hamburg SV II (2019-2020)*

*Signed through 2025
Club option for 2026 and 2027*

- Made 68 appearances (50 starts) for Tacoma Defiance from 2022-2024
- Scored three goals and added 10 assists during his time with Tacoma, including four assists during the 2024 season
- Prior to joining Defiance, played for Hamburger SV II in Germany from 2019-2020 before spending the 2021 season with Oakland Roots SC and Sporting Kansas City II

No. 4 | Defender

LEO BURNLEY



Height: 6-3
Weight: 195
Born: November 2, 2001
Hometown: Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
Signed on December 11, 2024

PREVIOUS CLUBS:
Ballard FC (2022-2024)

*Signed through 2025
Club option for 2026-2028*

⚡ **Sounders FC
Academy Product**

- Won Ivy League Defender of the Year with Penn in 2024 and 2022
- Was named First Team All-Ivy in all four years at Penn and a Second Team All-American in 2022
- Started all 69 of his appearances with Penn, scoring 11 goals and tallying 5 assists
- Was part of a backline during his senior year in 2024 that allowed 0.57 goals a game and recorded five shutouts
- Advanced to the Ivy League Men's Soccer Tournament Final in 2024, falling to Princeton 3-1
- Played for Ballard FC from 2022-2024, winning the 2023 USL League Two National Championship
- Originally joined Sounders FC Academy in 2014

No. 5 | Defender

NOUHOU



Height: 5-10
Weight: 175
Born: June 23, 1997
Hometown: Douala, Cameroon
Citizenship: Cameroon

Pronunciation:
NEW-hoo

Pronunciation:
NEW-hoo

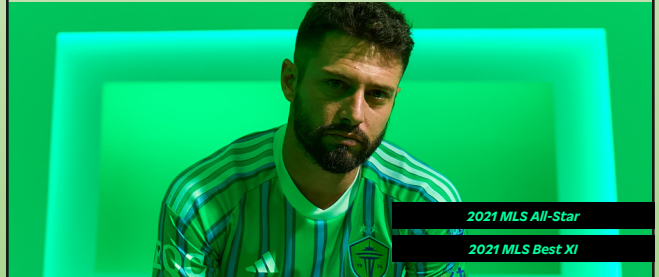
PREVIOUS CLUBS:
*S2/Tacoma Defiance (2015-2017)
Rainbow FC (2015)*

*Signed through 2025
Club option for 2026*

- Entering 2025, has started 191 of 241 appearances for the Rave Green in all competitions, scoring his first career goal for Seattle against Houston while adding eight assists in that span
- Appeared in seven matches during the club's Concacaf Champions League run
- Named to Cameroon's final roster for the 2022 FIFA World Cup, starting all three of its Group Stage matches, including a historic win over Brazil
- Earned first cap with Cameroon National Team in 2017, and now has 22 appearances for his country. Has also appeared at U-23 and U-20 levels
- 17 starts in 20 career postseason appearances

No. 6 | Midfielder

JOÃO PAULO



Height: 5-6
Weight: 155
Born: March 8, 1991
Hometown: Serafina Corrêa, Brazil
Citizenship: Brazil

Pronunciation:
joe-OW

HOW ACQUIRED:
Signed on January 31, 2020

PREVIOUS CLUBS:
*Botafogo (2017-2019),
Santa Cruz (2015-2016),
Goias (2014),
Atlético Goianiense (2013),
Internacional (2010-2013)*

*Signed through 2025
Club option for 2026*

- Entering 2025, started 127 of 144 appearances in all competitions. Scored eight goals and tallied 26 assists in that span
- Appeared in seven matches during the Concacaf Champions League before tearing his ACL and missing the rest of the season in 2022
- Was nominated for Landon Donovan Most Valuable Player in 2021 following a three goal, 11 assist season
- In his final season with Botafogo, he made 36 league appearances in Brazil's Série A, recording three goals as the club finished 15th in the table with 43 points (13-21-4)
- He appeared twice as a substitute in Botafogo's title run in the Campeonato Carioca, as well as once in Copa de Brasil action in 2018

No. 7 | Midfielder

CRISTIAN ROLDAN



2021 MLS All-Star
2022 CONCACAF Champions League Best XI

Height: 5-8
Weight: 165
Born: June 3, 1995
Hometown: Pico Rivera, California
Citizenship: United States
College: Washington

Pronunciation:
roll-dahn

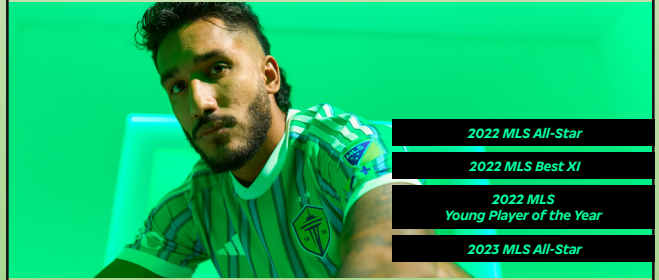
HOW ACQUIRED:
Drafted by Seattle as the 16th pick in the MLS SuperDraft on January 15, 2015

Signed through 2027
No club option

- Entering 2025, started 315 of 346 regular season appearances, scoring 40 goals and adding 57 assists, including adding one goal and five assists in the club's Concacaf Champions League run in 2022
- In 2023, became one of three Sounders in club history to surpass 300 all-competition appearances
- Has made 32 appearances (14 starts) for the U.S. Men's National Team. Named to the U.S. Men's National Team final roster for the 2022 FIFA World Cup
- Started 20 of 23 postseason appearances and has played every minute of all four of Seattle's four MLS Cup final fixtures
- Named NSCAA Third Team All-American as a sophomore at University of Washington
- 2013 Gatorade National Player of the Year as a senior at El Racho High School

No. 9 | Forward

JESÚS FERREIRA



2022 MLS All-Star
2022 MLS Best XI
2022 MLS Young Player of the Year
2023 MLS All-Star

Height: 5-8
Weight: 150
Born: December 24, 2000
Hometown: McKinney, Texas
Citizenship: United States

HOW ACQUIRED:
Acquired from FC Dallas via trade on January 8, 2025

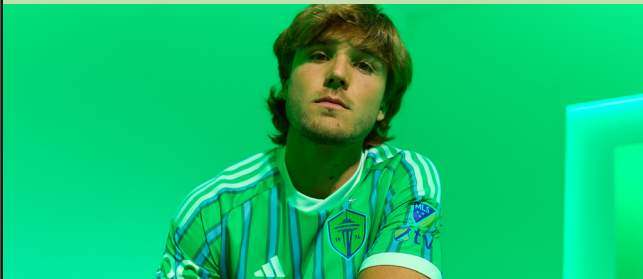
PREVIOUS CLUBS:
FC Dallas (2016-2024)

Signed through 2027
Club options for 2028 and 2029

- Scored 55 goals and tallied 40 assists with FC Dallas from 2016-2024, starting 151 of 181 all-competition appearances
- Scored 15 goals in 23 career appearances with the U.S. Men's National Team
- Was a member of the United States' 2022 FIFA World Cup Team in Qatar, starting against the Netherlands in the Quarterfinals
- Scored seven goals in five appearances at the 2023 Concacaf Gold Cup
- Originally joined the FC Dallas Academy at the age of eight. Was part of the FC Dallas U-16 Academy team that won the 2015-2016 U.S. Soccer Development Academy Championship and the 2017 Dallas Cup Super Group.

No. 10 | Midfielder

PEDRO DE LA VEGA



Height: 5-8
Weight: 165
Born: February 7, 2001
Hometown: Olavarria, Argentina
Citizenship: Argentina

HOW ACQUIRED:
Signed on January 24, 2024 as a Young Designated Player

PREVIOUS CLUBS:
Lanús (2018-2023)

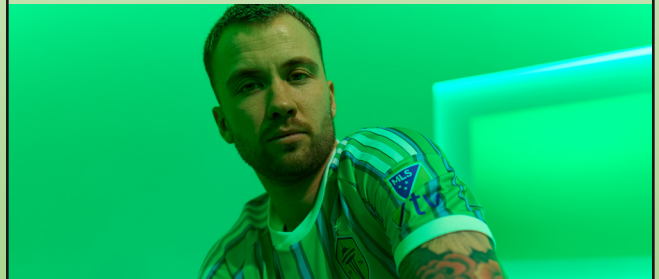
Signed through 2027
Club option for 2028

- Started 15 of 23 appearances in his first season with Seattle in 2024, scoring in his debut against LAFC
- Appeared in 127 matches for Lanús from 2018-2023 in all competitions, including a career high 38 appearances in league play in 2023
- Tallied 17 goals and 14 assists during his time with Lanús
- Became first Young Designated Player in Sounders FC history
- Made his debut for the Argentina National Team during the 2020 Olympics in Tokyo
- Made 17 appearances for Argentina at both the U-20 and U-23 levels

★ Designated Player

No. 11 | Midfielder

ALBERT RUSNÁK



Height: 5-9
Weight: 168
Born: July 7, 1994
Hometown: Košice, Slovakia
Citizenship: Slovakia

Pronunciation:
ROOS-nack

HOW ACQUIRED:
Signed on January 13, 2022 as a Designated Player

PREVIOUS CLUBS:
Real Salt Lake (2017-2021), Groningen (2014-2017), Cambuur (2014-2015), Birmingham City (2013-2014), Oldham Athletic (2013-2014)

Signed through 2026
Club option for 2027

- Entering 2025, started 113 of 191 appearances in all competitions, scoring 22 goals and added 26 assists
- Tallied 11 goals and 19 assists in all competitions in 2024, setting the club single-season record for all-competition assists
- 38 career caps for Slovakian National Team, scoring seven goals
- From 2017 to 2021, Rusnák scored 30 goals and added 28 assists, while starting 101 matches
- Came up through Manchester City's youth system
- Prior to coming to Real Salt Lake, Rusnák played for Groningen of Eredivisie, the Netherlands highest level of professional soccer

★ Designated Player

No. 13 | Forward

JORDAN MORRIS



2016 MLS Rookie of the Year

2019 MLS
Comeback Player of the Year

2020 MLS Best XI

2022 MLS All-Star

2022 CONCACAF Champions League
Best XI

Height: 6-0
Weight: 185
Born: October 26, 1994
Hometown:
Mercer Island, Washington
Citizenship: United States
College: Stanford

HOW ACQUIRED:
Signed as Homegrown Player
on January 21, 2016

Signed through 2027
No club option

🕒 Sounders FC
Academy Product

★ Designated Player

- Entering 2025, has started 222 of 246 all-competition appearances, scoring 84 goals in all-competitions in that span. He has also added 33 assists
- Scored a career-high 18 goals in all competitions, including 13 goals in the regular season
- Appeared in two matches for the U.S. Men's National Team in the 2022 FIFA World Cup
- 52 career caps for the U.S. Men's National Team, scoring 11 goals
- As a senior at Stanford, led Cardinal to National Championship and won the MAC Hermann Trophy and became the first college player since 1995 to make senior USMNT appearance (November 2014)
- Scored 28 goals in 32 games for Sounders FC Academy in 2012

No. 14 | Midfielder

PAUL ROTHROCK



Height: 5-9
Weight: 163
Born: January 9, 1999
Hometown:
Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
Signed on August 15, 2023

PREVIOUS CLUBS:
Toronto FC II (2021-2022)

Signed through 2025
No club option

🕒 Sounders FC
Academy Product

- Entering 2025, has started 23 of 44 appearances, scoring 11 goals
- Scored eight goals and added three assists in all competitions last year, including five goal in MLS
- Scored in his Sounders FC debut against the San Diego Loyal in the 2023 Lamar Hunt U.S. Open Cup
- Played for Tacoma Defiance during the 2023 MLS NEXT Pro season, scoring seven goals and tallying five assists.
- Prior to joining Defiance, Rothrock played for Toronto FC II, scoring 12 goals from 2021-2022, helping lead Toronto to the 2022 MLS NEXT Pro Eastern Conference Final
- Played collegiately at Notre Dame and Georgetown from 2017-2021, helping the Hoyas to the program's first NCAA title in 2019 in a season that saw Rothrock score four goals and add seven assists
- The Seattle native joined Sounders FC in 2016 and scored in his lone appearance as an amateur for Sounders FC 2 against Real Monarchs on July 9, 2017.

No. 15 | Defender

JONATHAN BELL



Height: 6-1
Weight: 183
Born: August 26, 1997
Hometown:
Rockville, Maryland
Citizenship: Jamaica

HOW ACQUIRED:
Signed on January 12, 2024
after being selected in Stage
One of the 2023 Re-Entry
process on December 14

PREVIOUS CLUBS:
St. Louis CITY SC (2023)
New England Revolution
(2021-2023)
New England Revolution II
(2020)

Signed through 2025
No club option

- Started 10 of 17 appearances last year, scoring a goal against St. Louis on July 17, 2024
- Started 24 of 34 matches with the New England Revolution and St. Louis CITY SC from 2021-2023
- Started all 15 appearances for New England Revolution II in 2020
- Originally San Jose's 38th overall selection in the 2020 MLS SuperDraft
- Has two career appearances for Jamaica, most recently playing 90 minutes in a CONMEBOL Copa America match against Venezuela on July 1, 2024
- Started 53 of 56 matches for University of Maryland, Baltimore County, scoring one goal and eight assists over four seasons

No. 16 | Defender

ALEX ROLDAN



2021 MLS All-Star

Height: 5-10
Weight: 155
Born: June 28, 1996
Hometown:
Pico Rivera, California
Citizenship: United States

Pronunciation:
roll-dahn

HOW ACQUIRED:
Selected with the 22nd pick of
the First Round (22nd overall)
in the 2018 MLS SuperDraft.
Signed to First Team contract
on February 13, 2018.

Signed through 2026
Club option for 2027

- Entering 2025, started 158 of 204 all-competition appearances, scoring six goals and adding 18 assists. Started all eight matches for Seattle in its Concacaf Champions League run in 2022
- Made 11 appearances for El Salvador in the country's World Cup qualifying campaign, scoring one goal
- Has 25 career appearances for El Salvador since 2021, scoring three goals
- Started all 82 games over his four years at Seattle University with 18 goals and 17 assists, including six goals and team-leading eight assists in 2017
- Made Sounders FC debut as substitute in Scotiabank CONCACAF Champions League match at Santa Tecla FC on February 22, 2018
- Younger brother of Sounders FC midfielder, Cristian Roldan

No. 17 | Midfielder

PAUL ARRIOLA



2022 MLS All-Star

Height: 5-6
Weight: 146
Born: February 5, 1995
Hometown: Chula Vista, CA
Citizenship: United States/
Mexico

HOW ACQUIRED:
Acquired via trade from FC
Dallas on January 13, 2025

PREVIOUS CLUBS:
FC Dallas (2022-2024)
D.C. United (2017-2021)
Swansea City (Loan, 2021)
Club Tijuana (2013-2017)

Signed through 2027
Club option for 2028

- Has appeared in over 300 matches across MLS and Liga MX since 2013
- Started 85 of 96 appearances in all competitions for FC Dallas from 2022-2024, scoring 18 goals while adding 19 assists
- Started 86 of 92 appearances in all competitions while at D.C. United from 2017-2021, adding 20 goals and 16 assists
- Made over 100 appearances for Liga MX side Club Tijuana from 2013-2017 where he scored 11 goals
- Has 50 career caps for the U.S. Men's National Team, helping the country win the 2019-2020 Concacaf Nations League
- Appeared in five matches during the U.S.'s successful FIFA 2022 World Cup qualifying campaign

No. 18 | Midfielder

OBED VARGAS



Height: 5-9
Weight: 150
Born: August 5, 2005
Hometown: Anchorage, Alaska
Citizenship: United States/
Mexico

HOW ACQUIRED:
Signed as a Homegrown
Player on December 14, 2021

Signed through 2025
Club option for 2026

⚽ **Sounders FC
Academy Product**

- Entering 2025, started 67 of 89 all-competition appearances, tallying one goal and nine assists in MLS play, including seven helpers in 2024
- Scored his first goal against the Philadelphia Union in a 3-2 win on April 30
- Was number seven on 2024's 22 Under 22 rankings after solidifying his role in the defensive midfield
- Made his debut for the senior Mexican National Team in a friendly against the United States on October 16, 2024
- The Alaskan was one of five teenagers to start in Seattle's 1-0 win over Austin FC on July 22, 2021, becoming the third-youngest player in league history to play in a MLS match (15 years and 351 days)
- Vargas joined the Academy at age 14 from Cook Inlet Soccer Club in his home state of Alaska and has also represented the USYNT at the U-15 level

No. 17 | Forward

DANNY MUSOVSKI



Height: 6-0
Weight: 169
Born: November 30, 1995
Hometown: Henderson, Nevada
College: University of Nevada,
Las Vegas

Pronunciation:
Moose-OFF-ski

HOW ACQUIRED:
Signed on February 1, 2024

PREVIOUS CLUBS:
Real Salt Lake (2022-2023),
LAFC (2020-2022),
Las Vegas Lights FC (2021, on
loan from LAFC),
Reno FC 1868 FC (2019,
2018 on loan from San Jose
Earthquakes),
San Jose Earthquakes (2018)

Signed through 2025
Club option for 2026

- Started seven of 30 all-competition appearances for Seattle in 2024, scoring two goals
- Has tallied 47 goals over six seasons in MLS and USL from 2018-2024
- Originally San Jose's 30th overall pick in the 2018 SuperDraft
- Coming off a season where he scored nine goals in all competitions with Real Salt Lake, including two goals and an assist in RSL's semifinal run in the 2023 Lamar Hunt U.S. Open Cup
- Two-time Western Athletic Conference Offensive Player of the Year at UNLV. Scored 47 goals in his collegiate career, including a 15-goal senior season

No. 20 | Defender

KIM KEE-HEE



Height: 6-2
Weight: 172
Born: July 13, 1989
Hometown: Busan, South Korea
Citizenship: South Korea

HOW ACQUIRED:
Signed on January 28, 2025

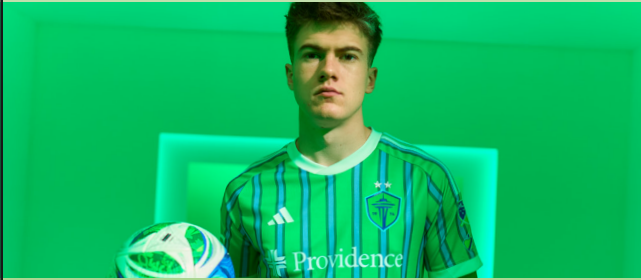
PREVIOUS CLUBS:
Ulsan Hyundai (2020-2024)
Sounders FC (2018-2019)
Shanghai Shenhua (2016-2017)
Jeonbuk Hyundai Motors
(2013-2016)
Al-Sailiya (2012-2013)
Daegu FC (2011-2013)

Signed through 2025
Club option for 2026

- Played for Seattle from 2018-2019, starting 64 of 66 all-competition appearances.
- Started all 34 of his appearances in 2019 and played all 90 minutes in the 3-1 MLS Cup Final win over Toronto FC
- Played for South Korea's Ulsan Hyundai from 2020-2024, starting 138 of 146 appearances and won three consecutive K-League titles from 2022-2024
- Won the AFC Champions League Elite title in 2020 with Ulsan Hyundai
- Prior to joining Seattle, appeared in over 120 matches across the K-League and Chinese Super League
- Has 23 caps for the South Korean National Team, including a total of nine appearances during South Korea's successful 2014 and 2018 FIFA World Cup qualifying campaigns

No. 21 | Midfielder

REED BAKER-WHITING



Height: 5-11
Weight: 160
Born: March 31, 2005
Hometown: Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on May 12, 2021

*Signed through 2025
No club option*

⚙️ **Sounders FC Academy Product**

- Entering 2025, has started 20 of 60 all competition appearances for Seattle, tallying his first assist against FC Dallas on September 16, 2023
- Recorded an assist in Seattle's 2-1 win over Sacramento Republic FC in the 2024 Lamar Hunt U.S. Open Cup quarterfinals
- Scored against San Diego Loyal in the 2023 Lamar Hunt U.S. Open Cup
- Became the 17th Homegrown Player signing in club history in May of 2021
- Seven appearances for Tacoma Defiance in 2020
- Has represented the U.S. on the U-17, U-19 and U-20 levels
- Joined Sounders FC Academy in 2016, won 2017 & 2018 Youdan Trophy and 2019 Generation adidas Cup Champions Division

No. 24 | Goalkeeper

STEFAN FREI



- 2016 MLS Cup MVP
- 2017 MLS All-Star
- 2018 MLS Save of the Year
- 2022 CONCACAF Champions League Best XI
- 2022 CONCACAF Champions League Goalkeeper of the Tournament
- 2022 CONCACAF Champions League Player of the Tournament

Height: 6-3
Weight: 195
Born: April 20, 1986
Hometown: Altstetten, Switzerland
Citizenship: Switzerland
College: California

Pronunciation:
STEF-in FRY

HOW ACQUIRED:
Acquired via trade from Toronto on December 10, 2013

PREVIOUS CLUBS:
Toronto FC (2009-2013)

*Signed through 2025
No club option*

- Sounders FC's all-time leader with 388 appearances for the club across all competitions from 2014-2024
- Through 2024, ranks second all-time in MLS history with 116 regular-season shutouts (Nick Rimando, 154). Also ranks in the top five in goalkeeper appearances (407), wins (173) and saves (1,266)
- 20 career wins in the Audi MLS Cup Playoffs, second among all goalkeepers in league history (Kevin Hartman, 24)
- Only player to ever win MLS Cup, Supporters' Shield, U.S. Open Cup, Concacaf Champions Cup and Canadian Championship
- Led MLS with a 0.99 goals against average in 2024 (minimum 10 appearances) after setting a single-season club record with 14 regular-season shutouts in 2023

No. 25 | Defender

JACKSON RAGEN



Height: 6-6
Weight: 201
Born: September 24, 1998
Hometown: Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
Signed to Sounders FC on February 14, 2022

PREVIOUS CLUBS:
Tacoma Defiance (2021)

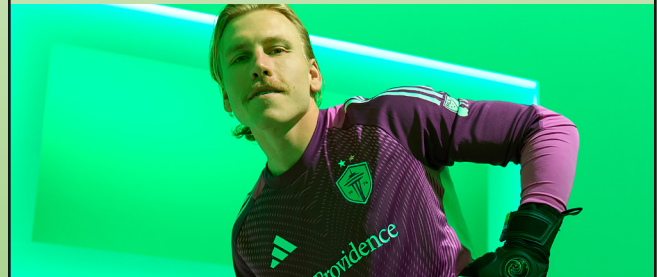
*Signed through 2027
Club option for 2028*

⚙️ **Sounders FC Academy Product**

- Entering 2025, has started 100 of 114 all-competition appearance. Helped anchor of a backline that allowed 35 goals in 2024, the fewest in MLS
- Was named a finalist for MLS Defender of the Year in 2024
- Ragen started all 16 of his appearances for Tacoma in 2021. He recorded 20 tackles won, 69 clearances and 11 interceptions as well as one goal
- Won Big Ten Defensive Player of the Year his senior year at the University of Michigan
- Scored five goals during senior season at the University of Michigan
- Received First Team All-Big Ten honors in 2019 and 2021

No. 26 | Goalkeeper

ANDREW THOMAS



Height: 6-3
Weight: 175
Born: September 1, 1998
Hometown: London, England
Citizenship: United States/England/Russia

HOW ACQUIRED:
Claimed off waivers on May 21, 2021 following conclusion of NCAA season

*Signed through 2027
Club option for 2028 and 2029*

- Started 13 of 15 all-competition appearances for Seattle in 2024
- Made 15 starts for Tacoma Defiance in 2023 and nine starts for New Mexico United while on loan
- Made 12 starts for Tacoma Defiance in 2022
- Made seven starts for Tacoma Defiance in 2021
- Three-time All-Pac-12 First Team selection and three-time Pac-12 Champion while at Stanford
- Came up through Watford FC Academy
- Has spent time with U.S. U-23 Men's National Team

No. 28 | Defender

YEIMAR GÓMEZ ANDRADE



2021 MLS All-Star

2021 MLS Best XI

2024 MLS Best XI

Height: 6-2
Weight: 200
Born: June 30, 1992
Hometown: Tadó, Columbia
Citizenship: Columbia

HOW ACQUIRED:
Signed on February 5, 2020 using Targeted Allocation Money (TAM)

PREVIOUS CLUBS:
Unión de Sante Fe (2017-2020), Independiente Rivadavia (2016-2017), Arsenal (2016), Rosario Central (2014-2015), Tiro Federal (2013-2014)

*Signed through 2025
Club option for 2026*

- Entering 2025, has started 164 of 173 regular-season appearances for Seattle
- Named a finalist for MLS Defender of the Year in 2023
- One career appearance for Colombia
- Voted Sounders FC Defender of the Year from 2020-2024
- In his final season with Unión in 2019, Yeimar started all 15 of his appearances in Argentina, scoring two goals, in addition to playing once in Copa Argentina before being transferred to Sounders FC
- Started all 24 of his appearances and scored two goals as Union finished eighth during the 2018-2019 campaign with 36 points (9-7-9)
- In his first season with Unión de Sante Fe, Yeimar started all 25 of his appearances back in the Argentine first division, scoring one goal, as the club finished 10th in the table with 43 points (11-6-10)
- 2021 MLS All-Star, 2021 MLS Best XI, 2024 MLS Best XI

No. 29 | Goalkeeper

JACOB CASTRO



Height: 6-4
Weight: 190
Born: December 18, 1999
Hometown: Tacoma, Washington
College: San Diego State

HOW ACQUIRED:
Signed as a Homegrown Player on December 13, 2022

*Signed through 2025
Club option for 2026*

⚡ Sounders FC Academy Product

- Started all 34 appearances for Tacoma Defiance in from 2023-2024
- First Aztec goalkeeper since 2006 to be named All-Pac-12 First Team in 2021, allowing 16 goals in 17 starts with seven shutouts
- Earned all All-Pac-12 honors in 2021-2022
- Transferred to San Diego State after two seasons with Washington
- Made four appearances for Tacoma Defiance as an amateur in 2017

No. 33 | Defender

CODY BAKER



Height: 5-10
Weight: 155
Born: January 7, 2004
Hometown: Issaquah, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on May 16, 2023

*Signed through 2026
Club options for 2027 and 2028*

⚡ Sounders FC Academy Product

- Entering 2025, has started 15 of 30 all-competition appearances for Seattle
- Recorded his first MLS assist against San Jose on March 23, 2024
- Prior to signing a MLS contract, made four First Team appearances (three starts) from April 26 - May 13, 2023 via short-term agreement
- Started 25 of 40 appearances with Tacoma Defiance from 2021-2023, scoring one goal against Timbers2
- Signed with Tacoma Defiance on July 21, 2021
- Joined Sounders Discovery Program in 2015 before playing for Sounders FC Academy

No. 39 | Defender

STUART HAWKINS



Height: 6-1
Weight: 158
Born: September 18, 2006
Hometown: Fox Island, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on September 13, 2023

*Signed through 2026
Club option for 2027 and 2028*

⚡ Sounders FC Academy Product

- Started both of his appearances in 2024 for Seattle during its Lamar Hunt U.S. Open Cup run
- Was named to the U.S. roster for the 2023 U-17 World Cup
- Started 22 of 24 appearances for Tacoma in 2023, scoring one goal
- Back-to-back MLS NEXT All-Star selections in 2022 and 2023
- Named Most Valuable Player during the Rave Green's championship run at the 2022 U-17 Generation Adidas Cup
- Has represented the U.S. Youth Men's National Team at both the U-15 and U-17 levels

No. 75 | Midfielder

DANNY LEYVA



Height: 5-10
Weight: 140
Born: May 5, 2003
Hometown: Las Vegas, Nevada
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on April 9, 2019

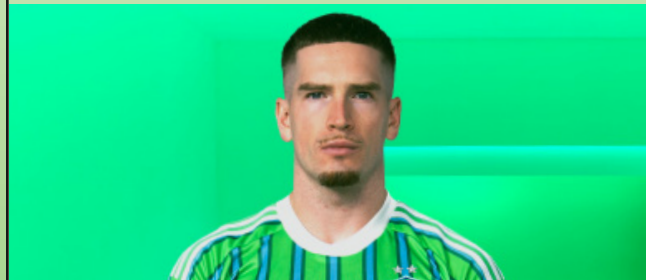
*Signed through 2026
Option for 2027*

 **Sounders FC
Academy Product**

- Entering 2025, has started 35 of 81 all-competition appearances, tallying three assists in MLS play, including an assist against Houston in the 2024 MLS Cup Playoffs
- Also made two appearances in the 2022 Concacaf Champions League
- Started six of 16 appearances for the Colorado Rapids while on loan in 2023
- Called up to the U-20 U.S. Men's National team for the Revelations Cup in November 9
- Youngest signing in club history at 15 years and 339 days upon signing.
- Six appearances for Tacoma Defiance in 2018 and 2019 prior to signing with Sounders FC
- Member of Sounders FC U-17 squad that won 2017-2018 USSDA National Championship
- Has participated with U.S. U-15 and U-16 National Team squad

No. 77 | Midfielder

RYAN KENT



Height: 5-8
Weight: 145
Born: November 11, 1996
Hometown: Oldham, England
Citizenship: England

HOW ACQUIRED:
Signed on March 31, 2025

*Signed through 2025,
Club Option for 2026*

- Entering 2025, has made over 300 appearances across all competitions in England, Germany, Scotland and Turkey.
- Played for Rangers of the Scotland Premiership from 2019-2023, making 218 appearances across all competitions, scoring 33 goals and recording 56 assists
- Was named Scotland Young Player for the 2018-2019 season and earned Scotland Team of the Year honors in both 2018-2019 and 2020-2021
- Helped Rangers win the Scottish Premiership title in 2020-2021 and the Scottish Cup in 2021-2022
- Appeared in 11 UEFA Champions League fixtures and 43 UEFA Europa League matches, being named to the Europa League Team of the Season in 2021-2022
- Won Barnsley's Young Player of the Year award following the 2016-2017 season
- Joined Liverpool's academy at the age of seven

No. 85 | Defender

KALANI KOSSA RIENZI



Height: 5-7
Weight: 157
Born: June 27, 2002
Hometown: Berkeley, California
Citizenship: United States

Pronunciation:
*Kuh-LAWN-ee
Co-suh-REE-en-zee*

HOW ACQUIRED:
Signed on March 10, 2025

*Signed through 2026
Option for 2027*

- Drafted 23rd overall by Seattle in the 2024 MLS SuperDraft
- Started 21 of 25 matches for Tacoma Defiance in 2024, tallying three assists and completing 85 percent of his passes
- Appeared in three matches for Seattle in 2024 via Short-Term Agreement, scoring a goal against Phoenix Rising FC in the 2024 Lamar Hunt U.S. Open Cup
- Started 68 of 76 matches for the University of Washington over four years, scoring six goals and adding 11 assists
- Named to Pac-12 All-Conference First Team as a junior and senior

No. 93 | Midfielder

GEORGI MINOUNGOU



Height: 5-10
Weight: 178
Born: July 25, 2002
Hometown: Abidjan, Côte d'Ivoire
Citizenship: Côte d'Ivoire

HOW ACQUIRED:
Signed on August 28, 2024

PREVIOUS CLUBS:
MFK Vyskov

*Signed through 2028
Option for 2029*

- Started six of his 17 appearances for Seattle in 2024, including starting three of five appearances before signing on August 28
- Started 33 of 58 appearances for Tacoma Defiance from 2022-2024, scoring four goals and adding 10 assists
- Scored his first goal for Seattle against Vancouver on October 2, 2024
- Recorded his first assist for the club on May 8, 2024 in an Lamar Hunt U.S. Open Cup match against Louisville City FC