2025 Seattle Sounders Roster

#	Name	Position	Birthday	Height	Weight	Hometown	Previous Club	Notes
3	Travian Sousa	D	9/19/01	5-10	179	Sacramento, CA	Tacoma Defiance (MLSNP)	OL - FC Tulsa
4	Leo Burney	D	11/2/01	6-3	194	Bellingham, WA	Penn (NCAA)	OFSL - Tacoma Defiance
5	Nouhou	D	6/23/97	5-10	172	Douala, Cameroon	Seattle Sounders FC 2 (USL)	
6	João Paulo	M	3/8/91	5-7	154	Rio Grande do Sul, Brazil	Botafogo (BRA)	
7	Cristian Roldan	M	6/30/95	5-8	163	Artesia, CA	Washington (NCAA)	
9	Jesús Ferreira	F	12/24/00	5-8	150	McKinney, TX	FC Dallas	
10	Pedro de la Vega	M	2/7/01	5-10	163	Olavarría, Argentina	Club Lanús (ARG)	DP
11	Albert Rusnák	M	7/7/94	5-9	135	Vyškov, Slovakia	Real Salt Lake	DP
13	Jordan Morris	F	10/26/94	5-11	183	Mercer Island, WA	Standford (NCAA)	DP
14	Paul Rothrock	M	1/9/99	5-8	163	Seattle, WA	Tacoma Defiance (MLSNP)	
15	Jonathan Bell	D	8/26/97	5-11	165	Rockville, MD	St. Louis CITY SC	
16	Alex Roldan	D	7/28/96	5-10	152	Artesia, CA	Seattle University (NCAA)	
17	Paul Arriola	M	2/5/95	5-6	145	Chula Visa, CA	FC Dallas	
18	Obed Vargas	M	8/5/05	5-9	150	Anchorage, AK	Tacoma Defiance (USL)	HP
19	Danny Musovski	F	11/30/95	6-0	170	Henderson, NV	Real Salt Lake	
20	Kim Kee-hee	D	7/13/89	6-2	172	Busan, South Korea	Ulsan Hyundai (KOR)	
21	Reed Baker-Whiting	M	3/31/05	5-11	154	Seattle, WA	Tacoma Defiance (USL)	HP
24	Stefan Frei	GK	4/20/86	6-3	194	Altstätten, Switzerland	Toronto FC	
25	Jackson Ragen	D	9/24/98	6-6	205	Seattle, WA	Tacoma Defiance (USL)	
26	Andrew Thomas	GK	9/1/88	6-2	181	London, England	Standford (NCAA)	
28	Yeimar Gómez Andrade	D	6/30/92	6-2	203	Tadó, Colombia	Unión Santa Fe (ARG)	
29	Jacob Castro	GK	12/18/99	6-4	190	Tukwila, WA	San Diego State (NCAA)	HP
33	Cody Baker	D	1/7/04	5-10	154	Issaquah, WA	Tacoma Defiance (MLSNP)	HP/OL - Sacramento Republic FC
37	Snyder Brunell	M	3/23/07	5-6	135	Kirkland, WA	Tacoma Defiance (MLSNP)	HP
39	Stuart Hawkins	D	9/18/06	6-3	159	Fox Island, WA	Tacoma Defiance (MLSNP)	HP
75	Danny Leyva	M	5/5/03	5-10	150	Las Vega, NV	Tacoma Defiance (USL)	HP
77	Ryan Kent	M	11/11/96	5-8	146	Oldham, England	Fenerbahçe (TUR)	
85	Kalani Kossa-Rienzi	D	6/27/02	5-7	150	Berkeley, CA	Tacoma Defiance (MLSNP)	
93	Georgi Minoungou	M	7/25/02	5-10	155	Abidjan, Côte d'Ivoire	Tacoma Defiance (MLSNP)	
95	Osaze De Rosario	F	7/19/01	6-2	179	San Jose, CA	Tacoma Defiance (MLSNP)	

DP - Designated Player
HP - Homegrown Player
OL - On Loan
OFSL - On Full Season Loan