

GAME NOTES



SEATTLE SOUNDERS FC at MINNESOTA UNITED FC



2026 Reg. Season Stats

Record: 3-1-0
Last Five Games: 3-1-0
Goal Differential: +3 (5/2)
Leading Scorer: Rothrock (2)
Leading Assists: Ferreira (4)

MAJOR LEAGUE SOCCER REGULAR SEASON

Kickoff:
Sunday, March 22
11:30 AM PT

Location:
Allianz Field
St. Paul, Minnesota

2026 Reg. Season Stats

Record: 1-2-1
Last Five Games: 1-2-1
Goal Differential: -7 (4/11)
Leading Scorer: Yeboah (2)
Leading Assists: Two Tied (1)

HOW TO WATCH

BROADCAST INFORMATION

Global Stream: Apple TV
Talent (English): Keith Costigan & Maurice Edu
Talent (Spanish): Bruno Vain & Andres Aguila

National TV (English): FOX
Talent: Josh Eastern & Lloyd Sam

Local Radio (English): 950 KJR AM
Talent: Danny Jackson & Steve Zakuani
Pre-Match, Halftime & Post-Match: Jackson Felts & Pete Fewing

Local Radio (Spanish): El Rey 1360 AM
Talent: Mario Rodriguez, Felipe Maqueda, Carlos Tapia & Dione Vecchini



MATCH NOTES

- Seattle Sounders FC travels to Minnesota United FC on Sunday, March 22 at Allianz Field (11:30 a.m. PT / Apple TV, FOX, 950 KJR AM, El Rey 1360 AM).
- The contest marks the fourth of five straight league road fixtures for Seattle as Lumen Field makes preparations for the 2026 FIFA World Cup.
- In league play, the Rave Green are coming off a 1-0 win over the San Jose Earthquakes on March 15. Paul Rothrock scored the lone goal of the match, with Jesus Ferreira bagging his team-leading fourth assist of 2026.
- In all competitions, Seattle is coming off a 2-1 win over Vancouver Whitecaps FC in the second leg of its Round of 16 series in 2026 Concacaf Champions Cup play to advance to the Quarterfinals with a 5-2 aggregate scoreline.
- Seattle holds a 12-3-2 record against Minnesota dating back to 2017 when the Midwestern side joined MLS.
- The two teams faced off in Round One of the MLS Cup Playoffs last year, with the Loons advancing two games to one in the best-of-3 series.
- Sounders FC announced the signing of Antino Lopez on Tuesday. The defender was drafted by Seattle in 2024 out of Duke. Lopez made 41 appearances for Tacoma Defiance prior to signing with the First Team.
- Seattle's schedule for the 2026 Concacaf Champions Cup Quarterfinal match against Liga MX side Tigres UANL was announced on Friday, with the Rave Green traveling to Estadio Universitario on April 8 and hosting the Mexican side on April 15 at Lumen Field.
- Following Sunday's match, the Rave Green have a week off for the FIFA March international break before returning to league play with a road match at Houston Dynamo FC on Saturday, April 4 at Shell Energy Stadium (5:30 p.m. PT / Apple TV, 950 KJR AM, El Rey 1360 AM).

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2026 SOUNDERS FC SCHEDULE & RESULTS

MLS Regular Season Record: 3-1-0 // Home: 1-0-0 // Away: 2-1-0

DAY	DATE	OPP.	TIME (PT)	BROADCAST	RESULT	ATT.	W-L-D*	GOAL SCORERS:
Sun.	FEB 22	vs COL	6:15 PM	Apple TV/FS1	W, 2-0	31,606	1-0-0	Rusnák (15), Rothrock (62)
Sat.	FEB 28	at RSL	4:30 PM	Apple TV	L, 1-2	20,660	1-1-0	SEA: C. Roldan (62); RSL: Hezarkahni (23), Piol (47)
Sat.	MAR 7	at STL	5:30 PM	Apple TV	W, 1-0	22,423	2-1-0	SEA: Kossa-Rienzi (47); STL: None
Thurs.	MAR 12	at VAN	7:00 PM	FS2/TUDN	W, 3-0	12,446	3-1-0	SEA: Arriola (45, 58), Rothrock (70); VAN: None
Sat.	MAR 15	at SJ	4:00 PM	Apple TV	W, 1-0	18,251	4-1-0	SEA: Rothrock (20); SJ: None
Wed.	MAR 18	vs VAN	8:00 PM	FS2/TUDN	W, 2-1	5,126	5-1-0	SEA: Musovski (79), Rothrock (83); VAN: Badwal (24)
Sat.	MAR 22	at MIN	11:30 AM	Apple TV/FOX				
Sat.	APR 4	at HOU	5:30 PM	Apple TV				
Sun.	APR 12	vs RSL	6:00 PM	Apple TV				
Sat.	APR 18	vs STL	6:30 PM	Apple TV				
Sat.	APR 25	vs DAL	7:30 PM	Apple TV				
Sat.	MAY 2	at SKC	11:30 AM	Apple TV/FOX				
Sat.	MAY 9	vs SD	7:30 PM	Apple TV				
Wed.	MAY 13	vs SJ	6:30 PM	Apple TV				
Sat.	MAY 16	vs LA	6:00 PM	Apple TV/FS1				
Sun.	MAY 24	at LAFC	6:00 PM	Apple TV/FOX				
Thurs.	JUL 16	vs POR	7:30 PM	Apple TV/FS1				
Wed.	JUL 22	at ATX	5:30 PM	Apple TV				
Sat.	JUL 25	at PHI	4:30 PM	Apple TV				
Sat.	AUG 1	at POR	7:45 PM	Apple TV/FS1				
Wed.	AUG 5	at TOL	TBA	TBA				
Sun.	AUG 9	vs QUE	TBA	TBA				
Wed.	AUG 12	vs CHV	TBA	TBA				
Sun.	AUG 16	vs VAN	6:00 PM	Apple TV				
Wed.	AUG 19	vs ATX	6:30 PM	Apple TV				
Sat.	AUG 22	at CIN	4:30 PM	Apple TV				
Sat.	AUG 29	vs CHI	1:30 PM	Apple TV				
Sat.	SEP 5	vs RBNY	5:30 PM	Apple TV				
Wed.	SEP 9	vs SKC	7:30 PM	Apple TV				
Sat.	SEP 12	at LA	7:30 PM	Apple TV				
Sat.	SEP 19	at COL	6:30 PM	Apple TV				
Sat.	SEP 26	vs MIN	5:30 PM	Apple TV				
Sat.	OCT 10	at NE	4:30 PM	Apple TV				
Wed.	OCT 14	at DAL	5:30 PM	Apple TV				
Sat.	OCT 17	vs MTL	7:30 PM	Apple TV				
Sat.	OCT 24	at SD	7:30 PM	Apple TV				
Wed.	OCT 28	vs HOU	7:30 PM	Apple TV				
Sun.	NOV 1	at VAN	1:30 PM	Apple TV				
Sat.	NOV 7	vs LAFC	4:00 PM	Apple TV				

MLS Regular Season
 Concacaf Champions Cup
 Leagues Cup 2026

*All Competitions

SOUNDERS FC WEEKLY NOTES

HISTORY WITH MINNESOTA



Seattle has historically played very well against Minnesota since the Midwestern side joined MLS in 2017. The Rave Green hold a 12-3-2 record against the Loons in regular-season play. However, Minnesota won both regular-season matchups between the two sides last year.

SOUNDERS FC VS MINNESOTA REGULAR-SEASON HISTORY

Dates	Location	Score	Date	Location	Score
8/5/2017	Minnesota	W, 4-0	4/2/2022	Minnesota	W, 2-1
8/20/2017	Seattle	W, 2-1	5/15/2022	Seattle	W, 3-1
4/22/2018	Seattle	W, 3-1	4/22/2023	Seattle	W, 1-0
8/4/2018	Minnesota	W, 2-1	8/27/2023	Minnesota	D, 1-1
5/4/2019	Minnesota	D, 1-1	6/15/2024	Seattle	W, 2-0
10/6/2019	Seattle	W, 1-0	8/24/2024	Minnesota	W, 3-2
4/16/2021	Seattle	W, 4-0	6/1/2025	Seattle	L, 2-3
7/18/2021	Minnesota	L, 0-1	8/16/2025	Minnesota	L, 0-1
9/11/2021	Seattle	W, 1-0			

SFC RECORD: 12-3-2 (4-2-2 ON THE ROAD)

2025 PLAYOFF RECAP



Seattle and Minnesota's faced off in the MLS Cup Playoffs last year in a Round One Best-of-3 series that saw the two sides play all three games.

Game 1 took place on Monday, October 27 in Minnesota, with the two sides playing a scoreless draw after 90 minutes. The Loons won the ensuing penalty shootout 3-2 to take a 1-0 series lead.

Game 2 on Monday, November 3 was a different story, with Seattle jumping out to a 3-0 lead with goals from Obed Vargas, Jordan Morris and Danny Musovski. Minnesota scored twice before halftime, but Vargas' second goal late in the second half earned the Rave Green the 4-2 win to set up the winner-take-all game on Saturday.

The two sides drew 3-3 in Minnesota in Game 3 on November 8, with Minnesota winning the shootout 7-6 to advance to the Western Conference Semifinals.

MLS SERIES SNAPSHOT

Category	Sounders FC			Minnesota		
	1	2	Total	1	2	Total
Goals	13	19	32	5	9	14
Shots	112	124	236	102	109	211
Shots-on-Goal	38	43	81	27	28	55
Fouls	77	95	172	106	124	230
Offsides	15	12	27	10	12	22
Corner Kicks	49	66	115	35	44	79

Goals Scored in 15-Minute Intervals:

	1-15	16-30	31-45	46-60	61-75	76-90	Total
SEA	2	8	3	5	6	8	32
MIN	0	4	1	5	2	2	14

ALL-TIME MLS SERIES LEADERS

Category	Sounders FC		Minnesota	
	#	Player	#	Player
Goals	3	Five Tied	3	Lod
Assists	6	Lodeiro	1	11 Tied
Shots	23	Lodeiro	16	Lod
Shots-on-Goal	11	Ruidiaz	9	Lod
Fouls Committed	16	João Paulo	15	Boxall
Fouls Suffered	31	C. Roldan	12	Reynoso
Wins	12	Frei	2	St. Clair
Shutouts	6	Frei	1	Miller/St. Clair
Saves	40	Frei	24	St. Clair
Goals Allowed	13	Frei	16	St. Clair

ALL-TIME MLS SINGLE-GAME HIGHS

Category	Sounders FC		Minnesota	
	#	Player	#	Player
Goals	2	Dempsey/Ruidiaz	2	Oluwaseyi/Yeboah
Assists	2	C. Roldan (4/22/18)	1	11 Tied
Shots	7	Dempsey/Ruidiaz	6	Three Tied
Shots-on-Goal	5	Ruidiaz (4/16/21)	3	Lod/Oluwaseyi
Fouls Committed	4	Three Tied	5	Rodriguez/Tapias
Fouls Suffered	6	C. Roldan (5/4/19)	5	Reynoso (4/16/21)
Saves	4	Frei (8/27/23)	6	St. Clair (4/2/22)
Goals Allowed	3	Frei (6/1/25)	4	Shuttleworth/St. Clair



SOUNDERS FC WEEKLY NOTES

BY THE NUMBERS

- 1** Loss at home by Seattle in the regular season last season
- 4** Assists for Jesús Ferreira in the regular season, tied for most in MLS
- 6** Successful crosses by Albert Rusnák this year in the regular season, most on the team
- 9** Total trophies won by Seattle in all competitions, the most of any team in MLS since 2009
- 16** Years of qualifying for the playoffs for Seattle in 17 seasons in MLS, the most of any team since 2009
- 19** Corner kicks by Seattle this season
- 39** All-competition assists by Albert Rusnák, fourth in club history
- 55** Points amassed by Seattle in 2025 in the regular season, the 12th time in 17 years in MLS the club has reached the 50-point mark
- 69** Home winning percentage for Seattle in the regular season, second in MLS history
- 72** Career all competition assists for Cristian Roldan, second in team history
- 73** Assists by Seattle in 2025 in the regular season, most in a single season in club history
- 90** Goals scored by Seattle last year in all competitions, the most in a single-season in club history
- 98** Regular-season road wins since 2009 for Seattle, most in the league in that span
- 124** Career regular-season shutouts for Stefan Frei, second in MLS history (Rimando, 154)
- 131** Goal contributions in the regular season last year, the most in a single-season in franchise history
- 366** Days between Paul Arriola tearing his ACL and scoring a brace on Thursday in 2026 Concacaf Champions Cup action
- 398** All-competition appearances for Cristian Roldan, second in club history
- 423** Career all-competition appearances for Stefan Frei, most in club history
- 1,028** Career regular-season saves by Stefan Frei, the second goalkeeper in MLS history to record over 1,000 saves for one club (Rimando, 1,128 for RSL)
- 1,849** Completed passes by Cristian Roldan in the regular season last year, most on the team
- 15,506** Completed passes for Seattle in the regular season, sixth in MLS last year



Cristian Roldan is currently sitting on 398 all-competition appearances for Seattle, two away from joining Stefan Frei as the only players to appear in 400 matches for Seattle (any era).

Originally drafted in 2015, Roldan has gone on to help Seattle lift the 2016 and 2019 MLS Cup, 2022 Concacaf Champions Cup and 2025 Leagues Cup, starting in all four of the finals he's won.

The midfielder is coming off his best season as a professional, leading the team with 14 assists in 2025, earning his first-ever spot on the MLS Best XI while getting back in rotation with the United States Men's National Team. His 44 all competition goals and assists for Seattle rank sixth and second in club history, respectfully.

Roldan would also join an elite group of players to make 400 all-competition appearances for one club, joining players like Diego Chara, Nick Rimando, Jaime Moreno and Frei.

CRISTIAN CALLED UP TO THE UNITED STATES



United States Men's National Team Head Coach Mauricio Pochettino announced on March 17 the 27 players on his final roster for the March FIFA window, with Sounders FC midfielder Cristian Roldan set to join the squad for friendlies in Atlanta against Belgium on March 28 and Portugal on March 31. This marks the fourth consecutive callup for Roldan after making six appearances for the USMNT late in 2025. The University of Washington product sits second in club history in all-competition appearances (397) and assists (72).

Roldan, 30, has 43 career international caps and was part of the USMNT squad at the 2022 FIFA World Cup in Qatar. He made six appearances for the Stars and Stripes in 2025, tallying two assists in a 2-1 win over Australia (October 15). The Pico Rivera, California native played in all five of the USMNT's fixtures in the 2023 Concacaf Gold Cup and recorded an assist in a 6-0 win over Saint Kitts and Nevis. Roldan has appeared in all five of Seattle's matches in all competitions to begin 2026, scoring one goal and adding one assist. He is coming off a 2025 season that saw him lead the team with 14 assists and 43 starts in all competitions, earning MLS Best XI honors for the first time in his career.

SOUNDERS FC WEEKLY NOTES

SEATTLE SIGNS ANTINO LOPEZ



Sounders FC today announced that it has signed Tacoma Defiance defender Antino Lopez to a First Team contract. Lopez inks a deal for the 2026 season with club options through June 2027 and for the 2027-2028 season. Originally drafted by Seattle in the 2024 MLS SuperDraft out of Duke, Lopez has gone on to make 41 appearances for Defiance and five for Sounders FC via Short-Term Agreements.

Lopez, 23, is coming off a 2025 season that saw the defender make 15 appearances (10 starts) for Tacoma while completing 87 percent of his passes. He captained the squad against the Portland Timbers in the 2025 Lamar Hunt U.S. Open Cup Round of 32 (May 6), a narrow 3-2 loss to the MLS side at Starfire Stadium. Lopez appeared in 25 matches (20 starts) for Defiance in 2024, helping the club advance to the Western Conference Semifinals. The Las Vegas native has appeared in one match for Defiance in 2026 at Houston Dynamo 2 (March 8).

A former Sounders FC Academy product, Lopez was drafted with the 52nd overall pick by Seattle in the 2024 MLS SuperDraft. He appeared in 66 matches (65 starts) over four seasons at Duke University, tallying three goals and three assists. The defender started all 16 matches as a freshman in 2020 and was selected to the All-ACC Freshman Team. After recording an assist in Duke's ACC quarterfinal win over Wake Forest as a sophomore in 2021, Lopez was named to the All-ACC Third Team as a junior in 2022, as the Blue Devils finished first in the ACC Coastal Division. As a senior in 2023, Lopez scored two goals and added one assist and was once again named to the All-ACC Third Team.

MUSOVSKI CALLED UP TO NORTH MACEDONIA



Sounders FC forward Danny Musovski has been called up to the North Macedonia National Team for the upcoming FIFA World Cup 2026 UEFA Playoffs. This marks the first career international call-up for Musovski, who was included in Head Coach Goce Sedloski's 28-man squad as North Macedonia attempts to secure one of the final spots in this summer's FIFA World Cup 2026.

Aiming to earn the nation's first-ever World Cup berth, North Macedonia faces Denmark on Thursday, March 26 in Copenhagen. The winner of that fixture advances to face either the Czech Republic or Republic of Ireland on Tuesday, March 31, with the victor of that contest securing qualification to FIFA World Cup 2026. Should North Macedonia qualify, it would enter Group A of this summer's tournament alongside Mexico, South Africa and South Korea.

Musovski, 30, tallied a career-high 18 goals in all competitions last season, most on the team and one goal shy of the club single-season record set by Obafemi Martins (2014) and Raúl Ruidíaz (2021). He won the club's Golden Boot with 14 goals in regular-season play, including the 10th hat trick in club history in a 5-2 win over Sporting Kansas City (August 24).

JESÚS' FAST START TO 2026



Jesús Ferreira has recorded a team-high five assists in all competitions through six matches, including a pair of assists in Seattle's season-opener against the Colorado Rapids. Five assists is the most he has recorded through the first six games of a season since he became a professional in 2017.

His four assists in the regular season are tied with Vancouver's Sebastian Berhalter for the most in MLS. Ferreira finished 2025 with 12 assists in all competitions, tied for second on the team, including two in the playoffs.

Should he get another assist on Sunday against Minnesota, he would set the club record for fewest games to reach five assists to start a season. Nico Lodeiro and Léo Chú both reached five assists in their first six games of the season in 2016 and 2023, respectively.

WINNING AWAY FROM LUMEN



Each of Seattle's last four matches have been away from Lumen Field and have all been wins for the club, the first time in club history (MLS era) Seattle has won four straight matches away from the Emerald City. Beginning with a 1-0 victory over St. Louis on March 7 at Energizer Park, Seattle then won 3-0 over Vancouver at BC place on March 12 in Concacaf Champions Cup action on before a 1-0 victory over San Jose at PayPal Park on March 15 and a 2-1 win at ONE Spokane Stadium, again over Vancouver on March 18, in the second leg of its Champions Cup Round of 16 series. The Rave Green played in Spokane due to Lumen Field undergoing updates for the 2026 FIFA World Cup.

Seattle's 98 road wins in the regular season since 2009 are the most in MLS in that span, 16 more than the next-closest team (Sporting Kansas City, 81).

SOUNDERS FC WEEKLY NOTES

SOUNDERS FC UNVEILS THE "EVERGREEN KIT"



Seattle Sounders FC on February 11 unveiled its 2026 Primary Kit, "The Evergreen State Kit," a clean and elegant design that celebrates the spirit, color and culture that define Washington and the Sounders. Embracing simplicity and timelessness, the new kit pairs the club's iconic Rave Green with subtle blue accents that mirror the state's forests, waterways and coastline. Unveiled as Washington prepares to welcome the world for FIFA World Cup 2026™, the kit represents a continuation of Sounders FC and RAVE Foundation's long-standing commitment to using soccer as a force for good across Washington, with design elements that intentionally spotlight impact beyond the pitch. "The Evergreen State Kit" is available beginning today at Sounders FC Pro Shop locations and online at [MLSStore.com](https://mlsstore.com).

Crafted with a lifestyle-forward approach, "The Evergreen State Kit" reflects Seattle's heritage as a global soccer city and the deep connection between nature, community and the game. At the core of the design is a refined, premium aesthetic intended to resonate both on and off the pitch. Bespoke flat-knit patterns on the cuffs and collar add rich visual texture, while aqua accents ensure all three primary club colors are featured throughout the kit. Clean lines and a minimalist structure complete a look that is understated, versatile and distinctly Sounders.

Purpose is woven directly into the fabric of the jersey. On the front left hem, a custom jock tag reads "The Evergreen State," a nod to Washington's official nickname and the club's identity as the Rave Green. On the outer back neck, an outline of the state of Washington is marked with 52 sparks, symbolizing Sounders FC's legacy commitment through RAVE Foundation, the club's official charitable arm, to build 52 free-to-play mini-pitches across the state by the end of 2026.

"These kits are an opportunity to tell a deeper story about who we are," said Sounders FC President of Business Operations Hugh Weber. "The Evergreen State Kit reflects the beauty and simplicity of the world's game, while grounding it in the values that define our club and our region. From the design details to the 52 sparks on the back neck, this jersey represents our commitment to community, access and opportunity. It's about more than what our players wear on matchday – it's about what we stand for."

As part of the club's Purpose Beyond the Pitch initiative, Sounders FC announced today that it will donate up to \$50,000 from the first 30 days of sales of "The Evergreen State Kit" to RAVE Foundation. RAVE Foundation believes that a free place to play can anchor a community and nurture a child. RAVE's mission-driven work includes investing small fields for free play in underserved communities, and using soccer as a vehicle to inspire youth and strengthen communities.

"The Evergreen State Kit is a powerful expression of what RAVE Foundation believes at its core – that play is not a privilege," said Sounders FC Chief Impact and Fan Engagement Officer Ashley Fosberg. "Every spark on this jersey represents not only a RAVE field, but the communities those fields inhabit. When RAVE invests a field, it invests programs that inspire wellness, learning and joy for the long term. This kit helps shine a light on the impact happening across Washington and the legacy we're building well beyond 2026."

That commitment is shared by Sounders FC's longstanding partners, including jersey sponsor Providence, whose support helps extend the club's reach into communities throughout the region.

Produced in collaboration with adidas, "The Evergreen State Kit" is built for elite performance and world-class competition. The jersey features body-mapped, 3D engineered mechanical stretch fabrics incorporating adidas' latest CLIMACOOL+ materials to wick sweat faster and keep players cooler and drier in high-pressure moments. Perforated three-stripe tapes and strategically placed mesh zones deliver best-in-class breathability and airflow, ensuring optimal comfort across varying conditions.






The kit also includes a lenticular, heat-applied Sounders FC crest and adidas logo, creating a unique shapeshifting visual effect that adds a modern, innovative finish to the classic design.

The launch campaign for "The Evergreen State Kit" features Seattle-based hip-hop artist Oblé Reed, whose story reflects the deeper meaning behind the jersey. A lifelong Sounders supporter who attended the club's inaugural MLS match as a child, Reed found community and belief through the Sounders and the game of soccer. His journey embodies the right to play, belong and dream – values that sit at the heart of the club's work across Washington.

Through 2026, Sounders FC and RAVE Foundation will travel the state celebrating the completion of all 52 RAVE mini-pitches, sharing the stories of the communities and young people who inspired them. The Evergreen State Kit marks the beginning of that next chapter.

SOUNDERS FC WEEKLY NOTES

MOST POINTS SINCE 2009

Team	Points*	W-L-D	Goals
	908	258-169-134	833
	842	233-186-143	836
	836	228-182-152	835
	830	228-187-146	894
	825	230-196-135	800

*Regular season only. Updated as of March 10, 2026

ALL-TIME CLUB LEADERS



SOUNDERS FC GOALS - ALL COMPETITIONS

Player	MLS	PS	USOC	CCC	LC	CWC	Total
Jordan Morris	71	11	1	4	4	0	91
Raúl Ruidíaz	72	9	0	3	2	0	86
Fredy Montero	59	0	10	9	1	0	79
Nicolás Lodeiro	41	8	0	7	2	0	58
Clint Dempsey	47	6	1	3	0	0	57
Cristian Roldan	38	1	1	2	1	1	44
Obafemi Martins	40	0	3	0	0	0	43
Albert Rusnák	30	3	0	2	1	1	37
Lamar Neagle	27	1	1	4	0	0	33
Will Bruin	28*	3	0	1	0	0	32

*Includes goal in MLS is Back Knockout Round in 2020

MOST TROPHIES WON SINCE 2009



SOUNDERS FC ASSISTS - ALL COMPETITIONS

Team	MLS Cup	Shield	USOC	CCC	LC	Total*
Seattle Sounders FC	2	1	4	1	1	9
LA Galaxy	4	2	0	0	0	6
Sporting Kansas City	1	0	3	0	0	4
Los Angeles FC	1	2	1	0	0	4
Columbus Crew	2	0	0	0	1	3
New York Red Bulls	0	3	0	0	0	3
Inter Miami CF	1	1	0	0	1	3
Toronto FC	1	1	0	0	0	2+
FC Dallas	0	1	1	0	0	2
Houston Dynamo	0	0	2	0	0	2

Player	MLS	PS	USOC	CCC	LC	Total
Nicolás Lodeiro	80	11	0	4	0	95
Cristian Roldan	54	5	0	7	6	72
Fredy Montero	43	2	1	6	0	52
Albert Rusnák	33	1	0	1	4	39
Jordan Morris	32	3	0	2	1	38
Mauro Rosales	34	0	1	2	0	37
Clint Dempsey	28	1	1	2	0	32
Brad Evans	27	2	0	1	0	30
Oswaldo Alonso	24	0	2	2	0	28

*Includes MLS Cup, Supporters' Shield, Concacaf Champions League, Leagues Cup and Lamar Hunt U.S. Open Cup titles
 + Toronto FC also has eight Canadian Championship titles

2026 SOUNDERS FC ROSTER

No.	Name	Position	Ht	Wt	DOB	Hometown	Previous Club
4	Ryan Sailor	Defender	6' 3"	181	11/27/98	Centennial, CO	Inter Miami CF
5	Nouhou	Defender	6' 0"	174	6/23/97	Douala, Cameroon	Sounders FC 2 (MLSNP)
7	Cristian Roldan	Midfielder	5' 8"	165	6/3/95	Pico Rivera, CA	Washington (NCAA)
9	Jesús Ferreira	Forward	5' 8"	150	12/24/00	McKinney, TX	FC Dallas
10	Pedro de la Vega	Midfielder	5' 10"	179	2/7/01	Olavarría, Argentina	Lanús (Argentina)
11	Albert Rusnák	Midfielder	5' 10"	175	7/7/94	Košice, Slovakia	Real Salt Lake
13	Jordan Morris	Forward	6' 0"	185	10/26/94	Mercer Island, WA	Stanford Cardinal (NCAA)
14	Paul Rothrock	Midfielder	5' 10"	174	1/9/99	Seattle, WA	Tacoma Defiance (MLSNP)
16	Alex Roldan	Defender	5' 10"	157	7/28/96	Pico Rivera, CA	Seattle University (NCAA)
17	Paul Arriola	Midfielder	5' 6"	146	2/5/95	Chula Vista, CA	FC Dallas
19	Danny Musovski	Forward	6' 0"	169	11/30/95	Henderson, NV	Real Salt Lake
20	Kim Kee-hee	Defender	6' 2"	172	7/13/89	Busan, South Korea	Ulsan Hyundai (South Korea)
24	Stefan Frei	Goalkeeper	6' 3"	200	4/20/86	Altstaetten, Switzerland	Toronto FC
25	Jackson Ragen	Defender	6' 5"	214	9/24/98	Seattle, WA	Michigan Wolverines (NCAA)
26	Andrew Thomas	Goalkeeper	6' 1"	195	9/1/98	Moscow, Russia	Stanford Cardinal (NCAA)
28	Yeimar Gómez Andrade	Defender	6' 2"	212	6/30/92	Tadó, Colombia	Unión de Sante Fe (Argentina)
31	Hassani Dotson	Midfielder	5' 11"	172	8/6/97	Federal Way, WA	Minnesota United FC
33	Cody Baker	Defender	5' 10"	151	1/4/04	Issaquah, WA	Tacoma Defiance (MLSNP)
35	Antino Lopez	Defender	6' 0"	170	5/21/02	Las Vegas, NV	Tacoma Defiance (MLSNP)
36	Yu Tsukanome	Forward	5' 9"	165	12/21/00	Saitama, Japan	Tacoma Defiance (MLSNP)
37	Snyder Brunell	Midfielder	5' 10"	180	3/23/07	Kirkland, WA	Tacoma Defiance (MLSNP)
39	Stuart Hawkins	Defender	6' 3"	168	9/18/06	Fox Island, WA	Tacoma Defiance (MLSNP)
44	Nikola Petković	Midfielder	5' 11"	165	2/23/03	Zrenjanin, Serbia	Charlotte FC
50	Max Anchor	Goalkeeper	6' 3"	190	7/21/04	Surrey, BC, Canada	Vancouver Whitecaps FC
85	Kalani Kossa-Rienzi	Midfielder	5' 7"	178	6/27/02	Berkeley, CA	Tacoma Defiance (MLSNP)
90	Sebastian Gomez	Midfielder	5' 8"	139	5/21/06	Boca Raton, FL	Tacoma Defiance (MLSNP)
93	Georgi Minoungou	Midfielder	5' 10"	155	7/25/02	Abidjan, Côte d'Ivoire	Tacoma Defiance (MLSNP)
95	Osaze De Rosario	Forward	6' 2"	179	7/19/01	San Jose, CA	Tacoma Defiance (MLSNP)

PRONUNCIATION GUIDE

No.	Name	Pos	Pronunciation
5	Nouhou	D	NEW-hoo
7	Cristian Roldan	M	Roll-dahn
9	Jesús Ferreira	F	Hey-soos Fur-AIR-uh
11	Albert Rusnák	M	ROOS-nack
16	Alex Roldan	D	Roll-dahn
17	Paul Arriola	M	ARE-ee-oh-la
19	Danny Musovski	F	Moose-OFF-ski
24	Stefan Frei	GK	STEF-in FRY
28	Yeimar Gómez Andrade	D	Yay-mar an-drah-day
31	Hassani Dotson	M	Huh-SAH-knee
37	Snyder Brunell	M	Brew-nell
44	Nikola Petković	M	Knee-co-la Pet-co-vich
85	Kalani Kossa-Rienzi	D	Kuh-LAWN-ee-co-suh-REE-en-zee
93	Georgi Minoungou	M	Min-OON-goo
95	Osaze De Rosario	F	OH-saw-zay DEE-rose-are-ee-oh

COACHING STAFF

Brian Schmetzer	Head Coach
Freddy Juarez	Assistant Coach
Preki	Assistant Coach
Ricardo Clark	Assistant Coach
Tom Dutra	Club Director of Goalkeeping

TECHNICAL STAFF

Craig Waibel	General Manager & Chief Soccer Officer
Henry Brauner	Technical Director
Chris Cornish	Vice President of Sports Medicine
Adam Centofanti	Director of Performance
Nolan Myer	Director of Equipment Operations
Grant Clark	Team Administration Director
Wade Webber	Director of Development
Vince Johnson	Director of Team Operations
Sean Henderson	Director of Scouting
Tyler Cox	Director of Analytics
Corey Sinsler	Director of Player Personnel

2026 MLS REGULAR SEASON STATS

NO.	NAME	POSITION	GP	GS	MIN	G	A	SHT	SOG	YC	RC
14	Paul Rothrock	Midfielder	3	2	262	2	1	6	4	0	0
11	Albert Rusnák	Midfielder	4	3	307	1	1	8	5	0	0
7	Cristian Roldan	Midfielder	4	3	295	1	0	4	1	0	0
85	Kalani Kossa-Rienzi	Defender	2	0	98	1	0	1	1	0	0
9	Jesús Ferreira	Forward	4	4	237	0	4	2	2	0	0
95	Osaze De Rosario	Forward	4	3	217	0	1	2	0	0	0
19	Danny Musovski	Forward	4	1	143	0	1	2	1	1	0
5	Nouhou	Defender	4	4	360	0	0	1	0	1	0
25	Jackson Ragen	Defender	4	4	360	0	0	3	1	0	0
16	Alex Roldan	Defender	4	3	295	0	0	4	1	2	0
31	Hassani Dotson	Midfielder	3	3	215	0	0	0	0	2	0
28	Yeimar Gómez Andrade	Defender	3	3	172	0	0	4	1	0	0
37	Snyder Brunell	Midfielder	4	1	166	0	0	2	2	1	0
33	Cody Baker	Defender	2	1	95	0	0	2	0	0	0
35	Antino Lopez	Defender	1	1	90	0	0	0	0	0	0
45	Peter Kingston	Midfielder	1	1	86	0	0	1	1	1	0
93	Georgi Minoungou	Midfielder	2	1	86	0	0	1	1	0	0
44	Nikola Petković	Midfielder	3	1	71	0	0	2	1	1	0
17	Paul Arriola	Midfielder	3	0	37	0	0	1	0	1	0
13	Jordan Morris	Forward	1	1	8	0	0	0	0	0	0
4	Ryan Sailor	Defender	0	0	0	0	0	0	0	0	0
10	Pedro de la Vega	Midfielder	0	0	0	0	0	0	0	0	0
20	Kim Kee-hee	Defender	0	0	0	0	0	0	0	0	0
36	Yu Tsukanome	Forward	0	0	0	0	0	0	0	0	0
39	Stuart Hawkins	Defender	0	0	0	0	0	0	0	0	0
90	Sebastian Gomez	Midfielder	0	0	0	0	0	0	0	0	0
	TOTAL		4	4	360	5	8	46	22	10	0
NO.	NAME	POSITION	GP	GS	MIN	GA	SO	SV	GAA	YC	RC
26	Andrew Thomas	Goalkeeper	4	4	360	2	3	17	0.50	0	0
24	Stefan Frei	Goalkeeper	0	0	0	0	0	0	0.00	0	0
50	Max Anchor	Goalkeeper	0	0	0	0	0	0	0	0	0
	TOTAL		4	4	360	2	3	17	0.50	0	0



2026 SOUNDERS FC LINEUPS

FEB. 22, 2026 // COL // W, 3-0 (MLS)

GK	Thomas
D	A. Roldan
D	Yeimar
D	Ragen
D	Nouhou
M	Dotson (Brunell, 45+14')
M	C. Roldan (C)
M	Ferreira (Minoungou, 69')
M	Rusnák (Arriola, 88')
M	Morris (Rothrock, 8')
F	De Rosario (Musovski, 69')

FEB. 28, 2026 // @RSL // L, 1-2 (MLS)

GK	Thomas
D	A. Roldan
D	Yeimar (Kossa-Rienzi, 59')
D	Ragen
D	Nouhou
M	Dotson (Arriola, 81')
M	C. Roldan (C)
M	Ferreira (Brunell, 59')
M	Rusnák (Petković, 90')
M	Rothrock
F	De Rosario (Musovski, 59')

MARCH 7, 2026 // @STL // W, 1-0 (MLS)

GK	Thomas
D	A. Roldan
D	Yeimar (Kossa-Rienzi, 23')
D	Ragen
D	Nouhou
M	Dotson
M	C. Roldan (C)
M	Brunell (Baker, 85')
M	Rusnák (Petković, 85')
M	Ferreira (Arriola, 64')
F	De Rosario (Musovski, 64')

MARCH 12, 2026 // @VAN // W, 3-0 (CCC)

GK	Frei (C)
D	Kossa-Rienzi
D	A. Roldan (Lopez, 89')
D	Ragen
D	Nouhou
M	C. Roldan
M	Brunell
M	Ferreira (Kingston, 77')
M	Rusnák (Petković, 77')
M	Arriola (Rothrock, 62')
F	De Rosario (Musovski, 62')

MARCH 15, 2026 // @SJ // W, 1-0 (MLS)

GK	Frei (C)
D	A. Roldan
D	Yeimar
D	Ragen
D	Nouhou
M	C. Roldan
M	Vargas
M	de la Vega (Ferreira, 67')
M	Rusnák (Rothrock, 86')
M	Arriola (Minoungou, 76')
F	Morris

MARCH 18, 2026 // VAN // W, 2-1 (CCC)

GK	Frei (C)
D	Kossa-Rienzi
D	A. Roldan
D	Ragen
D	Nouhou
M	C. Roldan
M	Brunell
M	Ferreira (Kingston, 66')
M	Rusnák (Petković, 81')
M	Arriola (Rothrock, 65')
F	De Rosario (Musovski, 65')

NO. 4 | DEFENDER

RYAN SAILOR



Height: 6-3
Weight: 180
Born: November 27, 1998 (27)
Hometown: Centennial, Colorado
Citizenship: United States

HOW ACQUIRED:
Signed on December 17, 2025

PREVIOUS CLUBS:
Inter Miami CF (2022-2025)

*Signed through 2026,
Club option through June 2027*

- Made five appearances for Miami in 2025 in all competitions, helping the club lift its first MLS Cup
- Made 44 appearances for Miami from 2022-2024
- Scored in 2023 Lamar Hunt U.S. Open Cup play against Miami FC
- Made 49 appearances for the University of Washington from 2017-2021, scoring 10 goals and tallying three assists
- Won Pac-12 Defensive Player of the Year and to the First Team All-America and All-Pac-12 First Team in 2021

NO. 5 | DEFENDER

NOUHOU



2021 MLS All-Star

2022 CONCACAF Champions Cup Best XI

Height: 5-10
Weight: 175
Born: June 23, 1997 (28)
Hometown: Douala, Cameroon
Citizenship: Cameroon

Pronunciation:
NEW-hoo

PREVIOUS CLUBS:
*S2/Tacoma Defiance (2015-2017)
Rainbow FC (2015)*

Signed through 2026

- Entering 2026, has started 228 of 281 appearances for the Rave Green in all competitions, scoring three goals and adding 14 assists
- Appeared in seven matches during the club's Concacaf Champions League run
- Named to Cameroon's final roster for the 2022 FIFA World Cup, starting all three of its Group Stage matches, including a historic win over Brazil
- Earned first cap with Cameroon National Team in 2017, and now has 48 appearances for his country, serving as captain for the squad during the 2026 African Cup of Nations. Has also appeared at U-23 and U-20 levels
- 20 starts in 23 career postseason appearances

NO. 7 | MIDFIELDER

CRISTIAN ROLDAN



2021 MLS All-Star

2022 CONCACAF Champions Cup Best XI

2025 MLS Best XI

Height: 5-8
Weight: 165
Born: June 3, 1995 (30)
Hometown: Pico Rivera, California
Citizenship: United States
College: Washington

Pronunciation:
roll-dahn

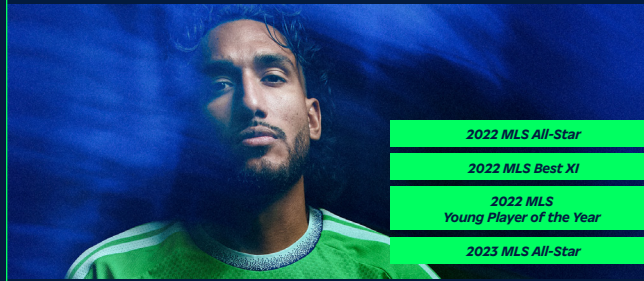
HOW ACQUIRED:
Drafted by Seattle as the 16th pick in the MLS SuperDraft on January 15, 2015

*Signed through 2027,
No club option*

- Entering 2026, started 359 of 392 regular season appearances, second-most appearances in club history, scoring 40 goals and adding 57 assists, earning his first MLS Best XI nod in 2025
- Second in club history with 71 all-competition assists
- In 2023, became one of three Sounders in club history to surpass 300 all-competition appearances
- Has made 43 appearances (18 starts) for the U.S. Men's National Team. Named to the U.S. Men's National Team final roster for the 2022 FIFA World Cup
- Started 32 of 35 postseason appearances and has played every minute of all four of Seattle's MLS Cup final fixtures
- Named NSCAA Third Team All-American as a sophomore at University of Washington
- 2013 Gatorade National Player of the Year as a senior at El Racho High School

NO. 9 | FORWARD

JESÚS FERREIRA



2022 MLS All-Star

2022 MLS Best XI

2022 MLS Young Player of the Year

2023 MLS All-Star

Height: 5-8
Weight: 150
Born: December 24, 2000 (25)
Hometown: McKinney, Texas
Citizenship: United States

HOW ACQUIRED:
Acquired from FC Dallas via trade on January 8, 2025

PREVIOUS CLUBS:
FC Dallas (2016-2024)

*Signed through 2027,
Club options for 2028 and 2029*

- Appeared in a team-high 48 matches in all competitions last year in his first season with Seattle, scoring five goals and adding 12 assists
- Scored 55 goals and tallied 40 assists with FC Dallas from 2016-2024, starting 151 of 181 all-competition appearances
- Scored 15 goals in 23 career appearances with the U.S. Men's National Team
- Was a member of the United States' 2022 FIFA World Cup Team in Qatar, starting against the Netherlands in the Quarterfinals
- Scored seven goals in five appearances at the 2023 Concacaf Gold Cup
- Originally joined the FC Dallas Academy at the age of eight. Was part of the FC Dallas U-16 Academy team

NO. 10 | MIDFIELDER

PEDRO DE LA VEGA



Height: 5-8
Weight: 165
Born: February 7, 2001 (25)
Hometown: Olavarría, Argentina
Citizenship: Argentina

HOW ACQUIRED:
Signed on January 24, 2024
as a Young Designated Player

PREVIOUS CLUBS:
Lanús (2018-2023)

Signed through 2027,
Club option for 2028

★ Designated Player

- Started 38 of 60 all-competition appearances since signing with the club in 2024, scoring 11 goals and adding six assists
- Nominated for a *Pískas* award in 2025 for his strike against Cruz Azul in Leagues Cup 2025 play
- Appeared in 127 matches for Lanús from 2018-2023 in all competitions, including a career high 38 appearances in league play in 2023
- Tallied 17 goals and 14 assists during his time with Lanús
- Became first Young Designated Player in Sounders FC history
- Made his debut for the Argentina National Team during the 2020 Olympics in Tokyo
- Made 17 appearances for Argentina at both the U-20 and U-23 levels

NO. 11 | MIDFIELDER

ALBERT RUSNÁK



Height: 5-9
Weight: 169
Born: July 7, 1994 (31)
Hometown: Košice, Slovakia
Citizenship: Slovakia

Pronunciation:
ROOS-nack

HOW ACQUIRED:
Signed on January 13, 2022
as a Designated Player

PREVIOUS CLUBS:
Real Salt Lake (2017-2021),
Groningen (2014-2017),
Cambuur (2014-2015),
Birmingham City (2013-2014),
Oldham Athletic (2013-2014)

Signed through 2026,
Club option for 2027

★ Designated Player

- Entering 2026, has started 147 of 162 appearances in all competitions, scoring 36 goals and added 38 assists
- Tallied 11 goals and 19 assists in all competitions in 2024, setting the club single-season record for all-competition assists
- 38 career caps for Slovakian National Team, scoring seven goals
- From 2017 to 2021, Rusnák scored 30 goals and added 28 assists, while starting 101 matches
- Came up through Manchester City's youth system
- Prior to coming to Real Salt Lake, Rusnák played for Groningen of Eredivisie, the Netherlands highest level of professional soccer

NO. 13 | FORWARD

JORDAN MORRIS



2016 MLS Rookie of the Year

2019 MLS Comeback Player of the Year

2020 MLS Best XI

2022 MLS All-Star

2023 MLS All-Star

2022 CONCACAF Champions Cup Best XI

Height: 6-0
Weight: 185
Born: October 26, 1994 (31)
Hometown: Mercer Island, Washington
Citizenship: United States
College: Stanford

HOW ACQUIRED:
Signed as Homegrown Player
on January 21, 2016

Signed through 2027,
No club option

Ⓢ Sounders FC Academy Product

★ Designated Player

- Entering 2026, has started 237 of 271 all-competition appearances, scoring 91 goals in that span, the most in club history. He has also added 38 assists
- Scored a career-high 18 goals in all competitions in 2024, including 13 goals in the regular season, one shy of the single-season club record
- Appeared in two matches for the U.S. Men's National Team in the 2022 FIFA World Cup
- 55 career caps for the U.S. Men's National Team, scoring 11 goals
- As a senior at Stanford, led Cardinal to National Championship and won the MAC Hermann Trophy and became the first college player since 1995 to make senior USMNT appearance (November 2014)
- Scored 28 goals in 32 games for Sounders FC Academy in 2012

NO. 14 | MIDFIELDER

PAUL ROTHROCK



Height: 5-9
Weight: 163
Born: January 9, 1999 (27)
Hometown: Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
Signed on August 15, 2023

PREVIOUS CLUBS:
Toronto FC II (2021-2022)

Signed through 2028-2029,
club option for 2029-2030

Ⓢ Sounders FC Academy Product

- Entering 2026, has started 57 of 92 appearances, scoring 16 goals and adding 12 assists
- Scored five goals and tallied nine assists last year, including a strike in the Leagues Cup 2025 Final
- Scored in his Sounders FC debut against the San Diego Loyal in the 2023 Lamar Hunt U.S. Open Cup
- Played for Tacoma Defiance during the 2023 MLS NEXT Pro season, scoring seven goals and tallying five assists.
- Prior to joining Defiance, Rothrock played for Toronto FC II, scoring 12 goals from 2021-2022, helping lead Toronto to the 2022 MLS NEXT Pro Eastern Conference Final
- Played collegiately at Notre Dame and Georgetown from 2017-2021, helping the Hoyas to the program's first NCAA title in 2019 in a season that saw Rothrock score four goals and add seven assists
- The Seattle native joined Sounders FC in 2016 and scored in his lone appearance as an amateur for Sounders FC 2 against Real Monarchs on July 9, 2017

NO. 16 | DEFENDER

ALEX ROLDAN



2021 MLS All-Star

Height: 5-10
Weight: 155
Born: June 28, 1996 (29)
Hometown: Pico Rivera, California
Citizenship: United States

Pronunciation:
roll-dahn

HOW ACQUIRED:
Selected with the 22nd pick of the First Round (22nd overall) in the 2018 MLS SuperDraft. Signed to First Team contract on February 13, 2018.

Signed through 2026,
Club option for 2027

- Entering 2026, started 196 of 249 all-competition appearances, scoring seven goals and adding 27 assists
- Started all eight matches in Seattle's 2022 Concacaf Champions Cup tournament-winning run
- Made 11 appearances for El Salvador in the country's World Cup qualifying campaign, scoring one goal
- Has 25 career appearances for El Salvador since 2021, scoring three goals
- Started all 82 games over his four years at Seattle University with 18 goals and 17 assists, including six goals and team-leading eight assists in 2017
- Made Sounders FC debut as substitute in Scotiabank CONCACAF Champions League match at Santa Tecla FC on February 22, 2018
- Younger brother of Sounders FC midfielder, Cristian Roldan

NO. 17 | MIDFIELDER

PAUL ARRIOLA



2022 MLS All-Star

Height: 5-6
Weight: 146
Born: February 5, 1995 (31)
Hometown: Chula Vista, CA
Citizenship: United States/
Mexico

HOW ACQUIRED:
Acquired via trade from FC Dallas on January 13, 2025

PREVIOUS CLUBS:
FC Dallas (2022-2024)
D.C. United (2017-2021)
Swansea City (Loan, 2021)
Club Tijuana (2013-2017)

Signed through 2027,
Club option for 2028

- Started four of six appearances in all competitions for Seattle and scored two goals in 2025 before tearing his ACL and missing the rest of the season
- Has appeared in over 300 matches across MLS and Liga MX since 2013
- Started 85 of 96 appearances in all competitions for FC Dallas from 2022-2024, scoring 18 goals while adding 19 assists
- Started 86 of 92 appearances in all competitions while at D.C. United from 2017-2021, adding 20 goals and 16 assists
- Made over 100 appearances for Liga MX side Club Tijuana from 2013-2017 where he scored 11 goals
- Has 50 career caps for the U.S. Men's National Team, helping the country win the 2019-2020 Concacaf

NO. 17 | FORWARD

DANNY MUSOVSKI



Height: 6-0
Weight: 169
Born: November 30, 1995 (30)
Hometown: Henderson, Nevada
College: University of Nevada, Las Vegas

Pronunciation:
Moose-OFF-ski

HOW ACQUIRED:
Signed on February 1, 2024

PREVIOUS CLUBS:
Real Salt Lake (2022-2023),
LAFC (2020-2022),
Las Vegas Lights FC (2021, on loan from LAFC),
Reno FC 1868 FC (2019, 2018 on loan from San Jose Earthquakes),
San Jose Earthquakes (2018)

Signed through 2025,
Club option for 2026

- Scored a career-high 18 goals in all competitions in 2025, most on the team and one shy of the single-season club record
- Started seven of 30 all-competition appearances for Seattle in 2024, scoring two goals
- Has tallied 47 goals over six seasons in MLS and USL from 2018-2024
- Originally San Jose's 30th overall pick in the 2018 SuperDraft
- Coming off a season where he scored nine goals in all competitions with Real Salt Lake, including two goals and an assist in RSL's semifinal run in the 2023 Lamar Hunt U.S. Open Cup
- Two-time Western Athletic Conference Offensive Player of the Year at UNLV. Scored 47 goals in his collegiate career, including a 15-goal senior season

NO. 20 | DEFENDER

KIM KEE-HEE



Height: 6-2
Weight: 172
Born: July 13, 1989 (36)
Hometown: Busan, South Korea
Citizenship: South Korea

HOW ACQUIRED:
Signed on January 28, 2025

PREVIOUS CLUBS:
Ulsan Hyundai (2020-2024)
Sounders FC (2018-2019)
Shanghai Shenhua (2016-2017)
Jeonbuk Hyundai Motors (2013-2016)
Al-Sailiya (2012-2013)
Daegu FC (2011-2013)

Signed through 2025,
Club option for 2026

- Started 12 of 19 appearances in all competitions for Seattle in 2025
- Played for Seattle from 2018-2019, starting 64 of 66 all-competition appearances.
- Started all 34 of his appearances in 2019 and played all 90 minutes in the 3-1 MLS Cup Final win over Toronto FC
- Played for South Korea's Ulsan Hyundai from 2020-2024, starting 138 of 146 appearances and won three consecutive K-League titles from 2022-2024
- Won the AFC Champions League Elite title in 2020 with Ulsan Hyundai
- Prior to joining Seattle, appeared in over 120 matches across the K-League and Chinese Super League
- Has 23 caps for the South Korean National Team, including a total of nine appearances during South Korea's successful 2014 and 2018 FIFA World Cup qualifying campaigns

NO. 24 | GOALKEEPER

STEFAN FREI



- 2016 MLS Cup MVP
- 2017 MLS All-Star
- 2018 MLS Save of the Year
- 2022 CONCACAF Champions Cup Best XI
- 2022 CONCACAF Champions Cup Goalkeeper of the Tournament
- 2022 CONCACAF Champions Cup Player of the Tournament

Height: 6-3
Weight: 195
Born: April 20, 1986 (39)
Hometown: Altschätten, Switzerland
Citizenship: Switzerland
College: California

Pronunciation:
 STEF-in FRY

HOW ACQUIRED:
 Acquired via trade from Toronto on December 10, 2013

PREVIOUS CLUBS:
 Toronto FC (2009-2013)

Signed through June of 2027

- Sounders FC's all-time leader with 422 appearances for the club across all competitions from 2014-2025
- Through 2025, ranks second all-time in MLS history with 124 regular-season shutouts (Nick Rimando, 154). Also ranks in the top five in goalkeeper appearances (433), wins (184) and saves (1,346)
- 21 career wins in the Audi MLS Cup Playoffs, second among all goalkeepers in league history (Kevin Hartman, 24)
- Only player to ever win MLS Cup, Supporters' Shield, U.S. Open Cup, Concacaf Champions Cup, Canadian Championship, and Leagues Cup
- Led MLS with a 0.99 goals against average in 2024 (minimum 10 appearances) after setting a single-season club record with 14 regular-season shutouts in 2023

NO. 25 | DEFENDER

JACKSON RAGEN



Height: 6-6
Weight: 201
Born: September 24, 1998 (27)
Hometown: Seattle, Washington
Citizenship: United States

HOW ACQUIRED:
 Signed to Sounders FC on February 14, 2022

PREVIOUS CLUBS:
 Tacoma Defiance (2021)

Signed through 2027
 Club option for 2028

🌱 Sounders FC Academy Product

- Entering 2026, has started 137 of 154 all-competition appearance.
- Helped anchor of a backline that allowed 35 goals in 2024, the fewest in MLS and was named a finalist for MLS Defender of the Year in 2024
- Started all six of Seattle's matches during its Leagues Cup 2025 title-winning run, allowing two goals
- Ragen started all 16 of his appearances for Tacoma in 2021. He recorded 20 tackles won, 69 clearances and 11 interceptions as well as one goal
- Won Big Ten Defensive Player of the Year his senior year at the University of Michigan
- Scored five goals during senior season at the University of Michigan
- Received First Team All-Big Ten honors in 2019 and 2021

NO. 26 | GOALKEEPER

ANDREW THOMAS



Height: 6-3
Weight: 175
Born: September 1, 1998 (27)
Hometown: London, England
Citizenship: United States/England/Russia

HOW ACQUIRED:
 Claimed off waivers on May 21, 2021 following conclusion of NCAA season

Signed through 2027,
 Club option for 2028 and 2029

- Entering 2026, has started 28 of 31 all-competition appearances for Seattle
- Started all six of Seattle's matches during its Leagues Cup 2025 title-winning run, allowing two goals
- Made 15 starts for Tacoma Defiance in 2023 and nine starts for New Mexico United while on loan
- Made 12 starts for Tacoma Defiance in 2022
- Made seven starts for Tacoma Defiance in 2021
- Three-time All-Pac-12 First Team selection and three-time Pac-12 Champion while at Stanford
- Came up through Watford FC Academy
- Has spent time with U.S. U-23 Men's National Team

NO. 28 | DEFENDER

YEIMAR GÓMEZ ANDRADE



Height: 6-2
Weight: 200
Born: June 30, 1992 (33)
Hometown: Tadó, Columbia
Citizenship: Columbia

HOW ACQUIRED:
 Signed on February 5, 2020 using Targeted Allocation Money (TAM)

PREVIOUS CLUBS:
 Unión de Sante Fe (2017-2020), Independiente Rivadavia (2016-2017), Arsenal (2016), Rosario Central (2014-2015), Tiro Federal (2013-2014)

Signed through 2026

- 2021 MLS All-Star
- 2021 MLS Best XI
- 2024 MLS Best XI

- Entering 2026, has started 200 of 209 appearances for Seattle in all competitions
- Named to MLS Best XI in 2021 and 2024, only the third player in club history to be named to the Best XI twice with Seattle.
- Named a finalist for MLS Defender of the Year in 2023
- One career appearance for Colombia
- Voted Sounders FC Defender of the Year from 2020-2024
- In his final season with Unión in 2019, Yeimar started all 15 of his appearances in Argentina, scoring two goals, in addition to playing once in Copa Argentina before being transferred to Sounders FC
- Started all 24 of his appearances and scored two goals as Union finished eighth during the 2018-2019 campaign with 36 points (9-7-9)

NO. 31 | MIDFIELDER

HASSANI DOTSON



Height: 5-11
Weight: 172
Born: August 6, 1997 (28)
Hometown: Federal Way, WA
Citizenship: United States

HOW ACQUIRED:
Signed on December 16, 2025

PREVIOUS CLUBS:
Minnesota United FC (2019-2025)

*Signed through 2027-2028,
Club option for 2028-2029*

- Made 176 appearances in all competitions for Minnesota from 2019-2025, scoring 18 goals
- Made 24 appearances in his first season with the Loons, scoring four goals
- Played 40 matches in all competitions for Minnesota in 2023 after tearing his ACL in 2022
- Was drafted in the First Round by Minnesota in the 2019 MLS SuperDraft
- Appeared in 72 matches for Oregon State University from 2015-2018, scoring five goals and adding three assists and was named Second Team All-Pac-12 his senior year
- Made five appearances at the U-23 level for the U.S. Men's National Team
- Played for Seattle-area development teams Crossfire Academy and Washington Premier

NO. 33 | DEFENDER


CODY BAKER



Height: 5-10
Weight: 155
Born: January 7, 2004 (22)
Hometown: Issaquah, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on May 16, 2023

*Signed through 2026,
Club options for 2027 and 2028*

 **Sounders FC Academy Product**

- Entering 2026, has started 16 of 33 all-competition appearances for Seattle
- Recorded his first MLS assist against San Jose on March 23, 2024
- Prior to signing a MLS contract, made four First Team appearances (three starts) from April 26 - May 13, 2023 via short-term agreement
- Started 25 of 40 appearances with Tacoma Defiance from 2021-2023, scoring one goal against Timbers2
- Signed with Tacoma Defiance on July 21, 2021
- Joined Sounders Discovery Program in 2015 before playing for Sounders FC Academy

NO. 36 | FORWARD

YU TSUKANOME



Height: 5-9
Weight: 165
Born: December 21, 2000 (25)
Hometown: Saitama, Japan
Citizenship: Japan

HOW ACQUIRED:
Signed on January 13, 2026

PRONUNCIATION:
You Soo-ka-no-mey

*Signed through 2026,
Club options through
December 31, 2027 and
December 31, 2028*

- Played for Tacoma Defiance from 2024-2025, appearing in 27 matches in 2024, scoring five goals
- Set the single-season club scoring record with 21 goals in all competitions in 2025
- Scored a hat-trick in 14 minutes as a substitute against Whitecaps FC 2 on April 6, 2025
- Helped Defiance reach the 2025 Lamar Hunt U.S. Open Cup Round of 32, further than any other MLS NEXT Pro team
- Prior to joining Tacoma, played for Dakota Fusion FC of the National Premier Soccer League, winning the Golden Boot with 16 goals in 10 matches
- Attended Biwako Seikei Sport College in Japan

NO. 37 | MIDFIELDER


SNYDER BRUNELL



Height: 5-10
Weight: 151
Born: March 23, 2007 (18)
Hometown: Kirkland, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on July 29, 2025

*Signed through 2028,
Club option for 2029*

 **Sounders FC Academy Product**

- Made eight appearances for Seattle in 2025, scoring two goals.
- Scored in his debut goal as a substitute against the LA Galaxy on August 10, 2025
- Scored two goals and tallied one assist through 13 appearances with Tacoma Defiance in 2025 prior to signing with the club
- In 2024 with Tacoma Defiance, he made 24 appearances (21 starts) while scoring three goals and adding four assists
- Scored his first goal for Defiance as an Academy player on August 19, 2023 against North Texas SC
- Represented the U-18 United States Youth Men's National Team at the 2025 UEFA Friendship Cup in Switzerland, helping the country win the tournament
- Joined Sounders FC Academy in 2021
- 25th Homegrown Player in franchise history

NO. 39 | DEFENDER

STUART HAWKINS



Height: 6-1
Weight: 158
Born: September 18, 2006 (19)
Hometown: Fox Island, Washington
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on September 13, 2023

Signed through 2026, Club option for 2027 and 2028

Sounders FC Academy Product

- Appeared in four matches for Seattle last year in the regular season
- Made his MLS debut against LAFC on May 15, 2025
- Started both of his appearances in 2024 for Seattle during its Lamar Hunt U.S. Open Cup run
- Was named to the U.S. roster for the 2025 U-20 World Cup and 2023 U-17 World Cup
- Started 22 of 24 appearances for Tacoma in 2023, scoring one goal
- Back-to-back MLS NEXT All-Star selections in 2022 and 2023
- Named Most Valuable Player during the Rave Green's championship run at the 2022 U-17 Generation Adidas Cup
- Has represented the U.S. Youth Men's National Team at both the U-15 and U-17 levels

No. 44 | MIDFIELDER

NIKOLA PETKOVIĆ



Height: 5-11
Weight: 165
Born: February 23, 2002 (22)
Hometown: Zrenjanin, Serbia
Citizenship: Serbia

Pronunciation:
Knee-co-la Pet-co-vich

HOW ACQUIRED:
Loan from Charlotte FC through the end of the 2026 season on January 8, 2026

- Made eight all-competition appearances for Charlotte in 2025, scoring in 2025 Lamar Hunt U.S. Open Cup lay against North Carolina FC
- After joining via Crown Legacy FC, signed with Charlotte prior to the 2024 season, making 16 appearances with one goal in his first year with the club
- Before joining Crown Legacy, played for Serbian side FK Curaički, coming up through the club's youth ranks before signing with the First Team in July 2022
- Has one senior cap for the Serbian National Team, starting in a friendly against the United States
- Appeared in 35 matches for Serbia from the U-16 to U-21 levels, scoring two goals

No. 50 | GOALKEEPER

MAX ANCHOR



Height: 6-3
Weight: 190
Born: July 21, 2004 (21)
Hometown: Surrey, BC, Canada
Citizenship: Canada

HOW ACQUIRED:
Claimed off End-of-Year Waivers on December 12, 2025

Signed through 2026, No club options through June 2027 and 2027-2028

- Started 38 matches from 2022-2025 for Whitecaps FC 2, making 131 saves with a 64.3 save percentage
- Played with Canadian Premier League side Pacific FC from March-September 2025, making 10 appearances and winning the club's Young Player of the Year Award
- Made one appearance for Vancouver's First Team on May 22, 2022 at Charlotte FC
- Joined Vancouver's Academy at the age of 13

NO. 85 | DEFENDER

KALANI KOSSA-RIENZI



Height: 5-7
Weight: 157
Born: June 27, 2002 (23)
Hometown: Berkeley, California
Citizenship: United States

Pronunciation:
Kuh-LAWN-ee
Co-suh-REE-en-zee

HOW ACQUIRED:
Signed on March 10, 2025

Signed through 2026, Option for 2027

- Started 17 of 30 appearances in all competitions for Seattle in 2025, scoring three goals and adding three assists
- Scored in his debut for Seattle against LAFC on March 8 while playing via Short-Term Agreement
- Drafted 23rd overall by Seattle in the 2024 MLS SuperDraft
- Started 21 of 25 matches for Tacoma Defiance in 2024, tallying three assists and completing 85 percent of his passes
- Appeared in three matches for Seattle in 2024 via Short-Term Agreement, scoring a goal against Phoenix Rising FC in the 2024 Lamar Hunt U.S. Open Cup
- Started 68 of 76 matches for the University of Washington over four years, scoring six goals and adding 11 assists
- Named to Pac-12 All-Conference First Team as a junior and senior

NO. 90 | MIDFIELDER


SEBASTIAN GOMEZ



Height: 5-8
Weight: 139
Born: May 21, 2006 (19)
Hometown: Boca Raton, FL
Citizenship: United States

HOW ACQUIRED:
Signed as a Homegrown Player on January 13, 2026

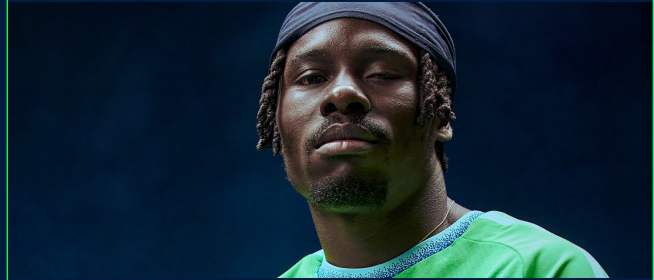
Signed through December 31, 2029 with a club option through December 31, 2030

 Sounders FC Academy Product

- Scored five goals and added six assists in 2025 for Tacoma Defiance
- Bagged a hat trick against Ventura County FC on August 1, 2025
- Played in all four of Tacoma's 2025 Lamar Hunt U.S. Open Cup matches, including an 105-minute shift against Spokane Velocity
- Tallied four goals and one assist in 18 appearances in 2024 for Tacoma
- Joined Sounders FC Academy in 2017
- Was on the Sounders U-17 Academy team that won the 2022 Generation Adidas Cup
- 26th Homegrown Player in franchise history

NO. 93 | MIDFIELDER

GEORGI MINOUNGOU



Height: 5-10
Weight: 178
Born: July 25, 2002 (23)
Hometown: Abidjan, Côte d'Ivoire
Citizenship: Côte d'Ivoire

HOW ACQUIRED:
Signed on August 28, 2024

PREVIOUS CLUBS:
MFK Vyskov

Signed through 2028, Option for 2029

- Entering 2026, has started 12 of his 33 appearances for Seattle, scoring three goals and adding seven assists
- Started 33 of 58 appearances for Tacoma Defiance from 2022-2024, scoring four goals and adding 10 assists
- Scored his first goal for Seattle against Vancouver on October 2, 2024
- Recorded his first assist for the club on May 8, 2024 in an Lamar Hunt U.S. Open Cup match against Louisville City FC
- Has eight appearances for Burkina Faso with one goal

NO. 95 | FORWARD

OSAZE DE ROSARIO



Height: 6-2
Weight: 180
Born: July 19, 2001 (24)
Hometown: San Jose, California
Citizenship: United States/Guyana

HOW ACQUIRED:
Signed on May 8, 2025

Signed through 2025, Club Option for 2026 and 2027

- Started six of his 21 appearances for Seattle in 2025, scoring five goals
- Scored in the opening goal in Seattle's Leagues Cup 2025 Final victory
- Scored eight goals in five league matches to start the 2025 MLS NEXT Pro season prior to signing with Seattle
- Signed with Tacoma Defiance prior to the 2024 campaign, scoring six goals in 22 appearances in his first season
- Has made multiple appearances for Guyana, scoring four goals in 2024-2025 Concacaf Nations League action, including a hat trick against Barbados
- Made 57 appearances (43 starts) for York United FC from 2022-2023, scoring 19 goals
- The son of seven-time MLS All-Star and 2011 MLS MVP Dwayne De Rosario